

the inside track

August 2000 - September 2000

A PUBLICATION OF THE FORT WAYNE TRACK CLUB



The 6th annual running of the Fort Wayne Hoosier Marathon was held on June 10, 2000 at Foster Park

For the second year in a row, Doug Sundling of Bluffton, Indiana was the overall winner with a winning time of 2:56:16.2. Kathy Demeritt of Fort Wayne was the women's winner in a time of 3:19:17.7. All of the volunteers were wonderful and many people have written letters and sent email to thank us for our hospitality. Thanks to all who ran, volunteered and supported the marathon. I'll be looking for you next year!

- Linda Gorman, Race Director

Check out our web site at www.fwtc.org

2000



FORT WAYNE TRACK CLUB

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Check out our web site at www.fwtc.org

Sultry Summer Passion: Another Hot, Humid Hoosier Marathon

Thanks to all volunteers and organizers of the Fort Wayne Hoosier Marathon Saturday, 10 June 2000. The 6th Fort Wayne Hoosier Marathon. Hazy and humid. Eighty degrees when the race started at 6:30 AM. Ninety degrees a couple of hours later. 26.2 miles through it.

Another hot one.

Last year we started in ninety degree heat, so this year we runners got a slight break. At the starting line, we could socially crowd together in normal starting line fashion, unlike a year ago when nobody wanted a 98.6° body anywhere near their personal space.

Last year's race plan had become a strategy for survival - or another example of "Runners are crazy." And despite my being the only runner under three hours last year, the final two miles of that ordeal had turned into a death march, something I wanted to avoid this year. So my strategy was to average a manageable 6:30/mile pace for the first 20 miles and then cruise the last 6.2 miles.

Few have been in the races I have won over the years, and I have tried to return the following year, out of courtesy, to any race I had won. But I had never won a race two years in a row - or even twice. Just before running last year's Hoosier Marathon, I had contemplated taking a year or more break from training for marathons. Instead, I trained to run what I thought might be my last marathon for a while.

I had no illusions that I would win this year's race, just a desire to do better than last year's time - if the weather allowed. But after the first mile of the 2000 Hoosier Marathon, as the lead marathon runner, I found myself in a position I had never been in - the opportunity to lead a major road race from start to finish.

And it wasn't 2 or 5 miles to the finish - it was 25 miles. Twenty-five miles of worrying about not only my pace, but also everybody else's behind me. The race, for the next 25 miles, was mine to lose. This is something I had not - or ever - been prepared for.

After the initial 2-mile loop, we began the first of three out-and-back 8-mile loops. At the turn around and at mile 6, I had a two-minute lead on the second runner. At the turn around at mile 10, a four-minute lead. My first ten miles disappeared in 63:52.

One of the course officials positioned about 1 1/2 miles from the far end of the loop kept telling me, "You're making it look easy." That was easy for him to say.

A runner who, when we passed each other during the out-and-back running told me, "My money's (still) on you." I chuckled the first few times and had replied, "I (still) wouldn't put my money on me.

At the turn around at mile 14, my lead had increased to six minutes over Bob Minnich who had settled into second place. At the turn around at mile 18, eleven minutes. At the final turn around at mile 22, Bob was twelve minutes behind.

Like a year ago, my mother had positioned herself at the mid-point of this out-and-back loop so that I would pass her six times. Every 2-3 miles, I would, as I had done last year, pour one cup of water over my head and swallow one or two gulps of water from another cup. Mother provided Gatorade between these water breaks.

A friend, Tim Creason, rode a bike alongside, as he had done last year. He would tell me how I looked and the amount of my lead over the next runner, and we would compare notes on female runners.

After the first 20 miles had disappeared in 2:09:35, it didn't matter what we talked about - I was quickly becoming an average runner as my 6:30/mile pace started to fade to 7:00 to 7:20. But this year I had the strength to pace those last 6 miles and avoid any death march as I jogged the last two miles in sixteen minutes.

Four weeks earlier, I had run a 2:53 marathon at Eagle River, Wisconsin, where we started in fifty degree drizzle and ended in thirty-nine degree drizzle driven by a stiff west wind.

I had hoped to run the Fort Wayne marathon around 2:50, but the heat, like last year, took its toll. Yet, at 2:56:16 I finished three minutes faster than my time last year.

Maybe an hour after I had finished, first year race director Linda Gorman asked how I felt.

I remember replying something like "Right now I'm at the point where I ask, "Why did I just run 26 miles?."

Linda responded with a similar account about her running a recent 50-mile event.

We chuckled with an understanding only runners could have about the subjecting yourself to such craziness.

But, you know, now, because I won this year, I have started contemplating my preparation to return next year.

July 2000

- Doug Sundling

Fort Wayne Track Club Monthly Meeting Minutes

Wednesday, May 10, 2000 7:00 - IPFW

18 Present

Don Anderson

Katie Creighton

Jerry Diehl

Karl Dietsch

Linda Gorman

Mitch Harper

Bill Harris

Brett Hess

Jack Hilker

Stephen Hilker

Linda Ianucilli

J.P. Jones

Paul Knott

Tom Landis

Doug Lehman

Don Lindley

Bill Sohaski

Sam Stephens

Brad Thomas

Judy Tillapaugh

Roger L. Wilson

1. Meeting was called to order by Bill Sohaski.
2. Don Lindley offered the opening prayer.
3. Katie Creighton presented the April minutes. Minutes were approved as presented.
4. Don reported membership at 507 as May 10, 2000. He also presented the treasurer's report: year-to-date income is \$1,784.65; the cash balance in our checking accounts is \$16,764.81.
5. Brett Hess of the News Sentinel was introduced. He will be writing weekly articles on running/racing for the paper. He announced the paper would be sponsoring a "points" race series during the summer and fall. Seven of the eight races in the paper's series are also in the FWTC "points" series.
6. Paul Knott indicated that in the six points races to date, participation was up 7% overall compared to last year's participation figures. The next points races are the River City Rat Race and the Hoosier Marathon. There is discussion of a possible competition event between the FWTC and the Whitley County running club.
7. Don Lindley reported on the Great Race 2000 and Memorial Day Sports Festival as additions to the race calendar.
8. Linda Ianucilli needs all Inside Track copy by May 15.
9. Judy Tillapaugh and J.P. Jones gave an Arts Fest race wrap-up. There were 88 run participants, and 18 competitive walkers. The "walkers" clinic from 8-8:30 a.m. was very good.
10. Paul Knott and Bill Sohaski demonstrated the capabilities of the new bar code gun. It will print bar codes to be placed on race numbers and then times can be downloaded and correlated to the race numbers. It does need to be used in conjunction with a laser printer. Don Lindley made a motion the club buy a laser printer. The motion was seconded and passed unanimously.
11. Don Lindley reported on the 2000 Nutri-Run. There were 251 entries this year. Only 245 entry fees were accounted for and it was suggested that race registration money-handling procedures be tightened. Doug Lehman will be directing the Nutri-Run in 2001. It is possible the venue will change to The Chapel on Covington and West Hamilton roads.
12. Stephen Hilker gave a River City Rat Race update. Things are progressing smoothly. The race committee is hoping to borrow a motor home to be used as "race central" on race day. More vendors are still needed for the Friday evening expo. May 17 is the last day for pre-registration. A map of the course is available on the website.
13. Linda Gorman reported the Hoosier Marathon plans are moving along on schedule. Volunteers for Friday afternoon race packet pick-up (1-5 p.m.) are needed, as well as for the pasta dinner at 5 p.m.
14. Bill Sohaski incorporated the April meeting suggestions into the FWTC response to the Invent Tomorrow letter. He will also include "walkers" along with runners.
15. Bill Sohaski called for new business:
 - a. It was recommended that a "walker" be added to the FWTC board.
 - b. It was suggested that the FWTC recommend to race directors that race award age groups be the same for both male and female.
 - c. Don will be passing along to interested parties the updated RRCA handbook.
 - d. Mitch Harper mentioned the Churubusco Turtle Days race on June 17. He also shared that board members Judy Tillapaugh and Sam Stephens were the first female and first male, respectively, in the Indy Mini-Marathon.
 - e. Congratulations to Kim Davidson who is receiving her Masters in Health Communications this evening, so she could not join us at the meeting.
 - f. New member Karl Dietsch was introduced. Welcome back to Fort Wayne, Karl.

The meeting adjourned at 8:35 p.m.

The next meeting will be 7:00 p.m. on Wednesday, June 14, 2000, at IPFW.

Respectfully submitted,
Katie Creighton, secretary

Fort Wayne Track Club Monthly Meeting Minutes

Wednesday, June 14, 2000 7:00 - IPFW

16 Present

Dave Boylan

Vern Ceder

Katie Creighton

Mike Fruchey

Linda Gorman

Bill Harris

Stephen Hilker

Paul Knott

Tom Landis

Don Lindley

Barrie Peterson

Bill Sohaski

Sam Stephens

Brad Thomas

Judy Tillapaugh

Roger Wilson

1. Meeting was called to order by Bill Sohaski.
2. Don Lindley offered the opening prayer.
3. Katie Creighton presented the May minutes. Minutes were approved as presented.
4. Don reported membership at 526 as June 14, 2000. He also presented the treasurer's report: year-to-date income is \$1,125.93; the cash balance in our checking accounts is \$16,106.09.
5. Stephen Hilker gave a wrap-up report on the River City Rat Race. Because of corporate sponsorships, the race was profitable. The FWTC will receive \$2,000 from the race proceeds. It was a wonderful inaugural effort, but next year's event will have some improvements, including more volunteer, vendor, city, and police commitment as well water at or near the finish line area. Pictures of runners finishing are on www.quickpix.imaging.com
6. Paul Knott indicated the FWTC points races are updated through but not including the River City Rat Race and the Hoosier Marathon. In addition, he will be assisting the News Sentinel with their points race tallies.
7. Barrie Peterson announced the Bruin Alumni 5K to be held on July 22 at 8:30 a.m. at Shoaff Park. It is a fundraiser for the track and cross-country program at Northrop High School.
8. Vern Ceder informed the club that he was investigating other options for online race registration. The one currently being used for club events is not particularly easy to use or efficient.
9. Linda Gorman gave the wrap-up report on the Hoosier Marathon. Relay participant numbers doubled from last year and approximately 200 runners registered for the event. 134 runners registered for the marathon, with 108 finishing the race. The first male finisher was Doug Sundling. The first female finisher was Kathy Demeritt. Parkview Hospital and Dunkin Donuts are already willing to be sponsors for the 2001 Marathon. More sponsors are needed.
10. Don Lindley indicated the FWTC would be working on streamlining and controlling the registration process at the Runners on Parade 5K on July 8. The Fort Wayne Women's Bureau will continue to be involved in the event this year.
11. Don Lindley distributed a Parlor City Trot financial report. There has been a request for the club to sponsor/direct this event completely. He proposed the club considers how much it wished to be involved in this event and this will be discussed and decided upon at the next meeting.
12. Barrie Peterson gave an update on the weekly track workouts at Northrop High School. Approximately 55 people attended the first session, varying in age from 13 to over 70. Barrie directs the workouts, with Paul Knott to take over for him during the 3rd and 4th sessions. The schedule of Thursday evening workouts is in the last issue of the club newsletter.
13. Bill Sohaski called for new business:
 - a. Roger Wilson recommended the FWTC not include the Zoo race in its points calendar for 2001.
 - b. Judy Tillapaugh will chair the committee to choose the High School runners to receive the track club awards at the FWTC annual banquet. Barrie Peterson and Mike Fruchey will be on her committee.
 - c. Tom Landis suggested the possibility of "hit" counters on the FWTC websites with race results as well as an option of filling out an opinion survey regarding the event.

The meeting adjourned at 8:30 p.m.

The next meeting will be 7:00 p.m. on Wednesday, July 12, 2000, at IPFW.

Respectfully submitted,
Katie Creighton, secretary

Marathon2000 26.2 Miles

Age Group Results

June 10, 2000

Results by Fort Wayne Track Club

Overall Female Winners

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Overall</u>	<u>Time</u>
1	Kathy Demeritt	Ft Wayne IN	22	4	3:19:17.7
2	Cassie Jones	Montpelier IN	17	27	3:48:25.0
3	Mollie Galloway	Woodbridge VA	30	34	3:59:01.0

Women 19 and under

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Overall</u>	<u>Time</u>
1	Meagan Wimmers	Springboro OH	18	87	5:03:08.9

Women 20 to 24

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Overall</u>	<u>Time</u>
1	Erin Rhodehamel	Milwaukee WI	23	40	4:05:43.7
2	Susan Cook	Carmel IN	22	101	5:58:00.3

Women 25 to 29

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Overall</u>	<u>Time</u>
1	Shannon Porter	Avon IN	25	91	5:10:02.1
2	Melanie Dorland	Indianapolis IN	27	98	5:27:00.2

Women 30 to 34

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Overall</u>	<u>Time</u>
1	Camilla V Saulsbury	Bloomington IN	30	46	4:16:40.0
2	Nerissa Ramos	Alameda CA	33	67	4:41:15.8
3	Jennifer Jennings	Saginaw MI	32	74	4:50:05.3

Women 35 to 39

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Overall</u>	<u>Time</u>
1	Diana L Schowe	Auburn IN	35	85	4:58:26.2
2	Lori Walton	Indianapolis IN	37	89	5:04:48.3
3	Jo Ellen Rohloff	Apopka FL	37	99	5:32:05.2

Women 40 to 44

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Overall</u>	<u>Time</u>
1	Teresa Dufau	New Richmond OH	41	64	4:37:57.6

2	Terri Gross	Ft Wayne IN	44	78	4:51:36.3
3	Melanie Conway	Harrison MI	40	92	5:16:01.0
4	Diane Post	Ft Wayne IN	43	106	6:30:48.0

Women 45 to 49

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Overall</u>	<u>Time</u>
1	Diana Kuebler	Leo IN	45	84	4:57:37.4

Women 50 to 54

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Overall</u>	<u>Time</u>
1	Thelma Riehle	Edgerton OH	52	107	6:42:00.0

Overall Male Winners

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Overall</u>	<u>Time</u>
1	Doug Sundling	Bluffton IN	44	1	2:56:16.2
2	Douglas Schwartz	Monroe IN	28	2	3:10:27.4
3	Timothy A Rupe	Lancaster OH	35	3	3:15:03.4

Men 19 and under

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Overall</u>	<u>Time</u>
1	Trent May	Greenville OH	15	65	4:39:53.8
2	Paul West	Zanesville OH	19	86	5:03:08.2

Men 20 to 24

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Overall</u>	<u>Time</u>
1	Matthew Schwartz	Monroe IN	21	21	3:41:01.5
2	Paul Eshelman	Leo IN	21	25	3:45:03.7
3	Daniel Gerard	Bronson MI	21	97	5:19:53.0
4	Joshua A Hyde	Ft Wayne IN	24	102	5:58:00.7

Men 25 to 29

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Overall</u>	<u>Time</u>
1	Chris A Dunmire	Ft Wayne IN	26	12	3:31:35.5
2	Kevin Swan	Perrysburg OH	26	28	3:53:04.5
3	Chris Antinori	Bloomington IN	25	31	3:56:49.3
4	Christopher Stevens	Beloit WI	29	39	4:04:34.3
5	Mark Newton	Ft Wayne IN	26	51	4:25:19.8
6	Byron Galloway	Woodbridge VA	29	55	4:28:50.3
7	Joseph Steensma	Ft Wayne IN	27	73	4:49:41.8
8	David Whitcomb	Montplelier OH	29	77	4:50:46.4

Men 30 to 34

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Overall</u>	<u>Time</u>
1	Robert Minnich, Jr	Ft Wayne IN	32	5	3:20:22.7
2	Drew Clark	Falls Church VA	33	9	3:28:05.6
3	John Van Steenbergh	Ridgeland MS	33	14	3:32:30.8
4	Shawn Kerrick	Johnson City TN	34	16	3:36:55.6
5	James Pritchett	West Lafayette IN	30	18	3:39:27.7
6	Charles Steensma	Hicksville OH	30	72	4:49:41.4
7	Robb Kensinger	Greenville OH	33	81	4:53:57.0

8	Jeff Lair	Fishers IN	33	82	4:54:11.7
9	Arthur A Soules III	Sterling Heights M	33	83	4:56:28.8
10	Brad Heyneman	Fort Wayne IN	31	94	5:17:49.1

Men 35 to 39

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Overall</u>	<u>Time</u>
1	Daniel Biehl	Ft Wayne IN	36	7	3:21:12.8
2	Joseph Price	Indianapolis IN	36	8	3:26:29.4
3	Shane Sampson	Arcanum OH	36	13	3:32:15.8
4	Ted Scholten	Ft Wayne IN	37	22	3:43:36.9
5	Jeff Gray	Ft Wayne IN	37	26	3:46:25.8
6	William Hoke	Safety Harbor FL	35	32	3:57:47.1
7	Alan Isbell	Oregon OH	36	36	4:02:43.1
8	Carl Carter	Lancaster OH	39	47	4:18:15.0
9	Paolo Villa	Bloomington IN	39	52	4:25:52.5
10	Jon Schlemmer	Ft Wayne IN	35	59	4:32:45.4
11	Jeff Metzger	Ft Wayne IN	39	61	4:35:01.3
12	Tim Dufau	New Richmond OH	39	63	4:37:57.4
13	David V Johnson	Carmel IN	36	68	4:44:52.1
14	Stephen Crone	Cincinnati OH	38	71	4:49:08.6
15	Michael A Davis	Greenfield IN	39	75	4:50:35.2
16	Jerry Shepherd	Carmel IN	35	76	4:50:44.1
17	Mark Altstaetter	Van Wert OH	38	79	4:53:41.0
18	Mark Beals	Ft Wayne IN	37	80	4:53:42.2
19	John A Ritzert	Indianapolis IN	39	105	6:23:05.0

Men 40 to 44

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Overall</u>	<u>Time</u>
1	J. David Reimschisel, J	Leo IN	40	10	3:28:55.9
2	Chris McMahon	Indianapolis IN	40	17	3:37:49.3
3	Tom Pavletic	Alameda CA	43	19	3:39:33.4
4	Tim Porter	Ft Wayne IN	43	30	3:56:16.4
5	Joel Griffith	Dry Ridge KY	42	38	4:04:02.6
6	Richard Taylor	Ft Wayne IN	42	44	4:14:10.9
7	Charles Stewart	Arlington Heights	41	49	4:25:04.2
8	Steven E Pursley	Greenville OH	42	54	4:27:40.7
9	Terry May	Greenville OH	44	58	4:30:15.5
10	Gary L Bird	Columbia City IN	42	69	4:46:12.3
11	Bernie Bader	North Canton OH	43	95	5:18:31.3
12	Dave Fix	Columbus OH	43	100	5:32:05.3
13	David A Bonne	Carthage IN	40	108	7:27:43.0

Men 45 to 49

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Overall</u>	<u>Time</u>
1	Keung Wing-Kwong	Perrysburg OH	49	6	3:20:57.0
2	Robert A Keough	Waldorf MD	49	11	3:31:11.3
3	Roger T Barnes	Highspire PA	45	15	3:35:19.5
4	John David McPherson	Ft Wayne IN	47	20	3:40:21.4
5	George Nietert	Valparaiso IN	47	23	3:43:49.9
6	J. H. Barnes	Louisville KY	46	50	4:25:10.7
7	Lee Earls	Cape Coral FL	45	57	4:30:02.2
8	Robert Snow	Ft Wayne IN	48	62	4:37:46.8
9	Joseph Nayarkas	Ft Wayne IN	45	66	4:40:22.7
10	Fred Hannan, Jr.	Ft Wayne IN	46	70	4:46:57.7
11	Scott McKanna	Vaughnsville OH	46	90	5:07:58.4
12	Ed Clifford	Carmel IN	46	103	6:02:54.0

Men 50 to 54

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Overall</u>	<u>Time</u>
1	Larry Whitaker	Perrysburg OH	50	24	3:44:25.1
2	Joseph M Stevenson	Bel Air MD	51	37	4:03:18.5
3	Joe Hale	Cincinnati OH	50	48	4:18:33.4
4	Ty Murphy	Columbia City IN	51	53	4:26:34.5
5	Bill Kelley	Bloomington IN	54	88	5:04:35.9
6	Bill Albright	Granville OH	52	93	5:16:18.1

Men 55 to 59

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Overall</u>	<u>Time</u>
1	David H Harrell	Chevy Chase MD	57	29	3:55:39.8
2	Larry Averbeck	Ft Wayne IN	59	33	3:58:12.1
3	Wesley Sabins	Ft Wayne IN	55	35	3:59:38.6
4	Mack Varner	Vicksburg MS	55	41	4:06:12.5
5	Michael Traynor	Noblesville IN	58	45	4:15:27.4
6	Chuck Okorowski	Sidney OH	56	56	4:29:44.0
7	Ed B Buckalew	Grand Prairie TX	55	60	4:33:51.8

Men 60 to 64

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Overall</u>	<u>Time</u>
1	Louis Romain	Ft Wayne IN	62	42	4:06:26.1
2	Ray Contreraz	Paulding OH	62	43	4:07:51.0
3	Rick Wilcox	Coldwater MI	61	96	5:19:52.6

Men 65 to 69

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Overall</u>	<u>Time</u>
1	James L Johnson	Crown Point IN	68	104	6:15:29.0

Software: The Race Director, Race Management Systems, racedirect@aol.com

Hoosier Marathon Relay 2000

June 10, 2000

Results by Fort Wayne Track Club

3x-Male Relay

<u>Place</u>	<u>Team No</u>	<u>Bib No</u>	<u>Team/Participant Name</u>	<u>City</u>	<u>Time</u>
1	60		Team 60		3:07:13.4
		60	Mark Dolde	Ft Wayne IN	
		60	Luke Hetrick	Noblesville IN	
		60	Mervin Koehlinger	Ft Wayne IN	
2	58		Team 58		3:13:53.4
		58	Tom Landis	Churubusco IN	
		58	Kim Lefever	Columbia City IN	
		58	Brent Emerick	Columbia City IN	
3	57		Team 57		3:36:29.7
		57	Craig Bobay	Ft Wayne IN	
		57	Jeff Kintz	New Haven IN	
		57	Kevin Man	Ft Wayne IN	
4	59		Team 59		3:46:36.3
		59	William E Harris	Ft Wayne IN	
		59	Rick E Evans	Ft Wayne IN	
		59	Greg A Purcell	Ft Wayne IN	

3x-Mixed Relay

<u>Place</u>	<u>Team No</u>	<u>Bib No</u>	<u>Team/Participant Name</u>	<u>City</u>	<u>Time</u>
1	61		Team 61		3:34:36.1
		61	Julie Goodspeed	Ft Wayne IN	
		61	Terry Goodspeed, II	Ft Wayne IN	
		61	Terry Goodspeed	Ft Wayne IN	
2	56		Team 56		4:16:18.0
		56	Julie Boroff	Decatur IN	
		56	Rick Henderson	Ft Wayne IN	
		56	Scott Waters	Ft Wayne IN	

6x-Male Relay

<u>Place</u>	<u>Team No</u>	<u>Bib No</u>	<u>Team/Participant Name</u>	<u>City</u>	<u>Time</u>
1	7		Team 7		3:14:08.5
		7	Toby Jo Hullinger	Monroeville IN	
		7	Tad C Stemen	Monroeville IN	
		7	Jim Pickett	Waterloo IN	
		7	Anthony Stephenson	Decatur IN	
		7	Rich Stephenson	Monroeville IN	
		7	Rick L Gilbert	Monroeville IN	
2	11		Team 11		3:55:02.7
		11	James P Jones	Ft Wayne IN	
		11	Don Anderson	Ft Wayne IN	
		11	Tom Felger	Ft Wayne IN	
		11	Jack Hilker	Ft Wayne IN	
		11	Robert Loomis	Monroeville IN	
		11	Don Lindley	Fort Wayne IN	



Newsletter
Deadlines:

September 15, 2000

November 15, 2000

Interested in the Internet or computers?

If you would be interested in being a part of the Track Club committee on technology as we look at future directions for the club. We will be looking at options for the club web site, including online race calendars, expanded online race registration, and online results. We will also be working with the new computer-based race timing and results system.

In addition, we are looking for volunteers who would be interested in helping to maintain the track club web site.

If you are interested in any of the above, please contact Vern Ceder by email at vern3@aol.com or by phone at 219-745-4295.

Visit the FWTC Web site!

Stop by the Fort Wayne Track Club web site. It's not finished yet, but it has national and local running links, results, news and race information.

Check it out at www.fwtc.org

Register for the FWTC Email Race Updates list

If you are interested in receiving email updates about FWTC races and events, please visit the signup site at www.fwtc.org

RE-FUEL FOR MORE MINI'S

Temperatures above 80 degrees, 60 to 70 percent humidity, minimal winds, little cloud over, and limited water were the conditions in downtown Indianapolis Saturday May 6th as over 20,000 participants walked and/or ran the 13.1 miles of the Annual Indy Mini. Why?? It does not sound too attractive.

As I scanned the crowd mile by mile, listened to comments, and saw smiles the reasons became clear. Enduring the conditions was much more than burning calories. People of all ages, abilities, and back grounds were highly motivated to team together, test their skills, and master the challenge. Health, social, competitive, and appreciation for living reasons brought them there. Their steps of faith over the mini course seemed to brighten their steps of life!

Chin Up ¼ Eyes Forward:

Kay of Fort Wayne walked to further her progress of giving up drugs and alcohol

310# Carol of Greenwood was rewarding herself for losing 160#'s

Many friends and couples had pace plans to jointly achieve the meaningful mini metal.

The whole experience humbled me. Whether or not a person completed ¼, ½, or all the mini miles this event gave many the motivation to follow a training plan and set a goal to finish. Despite the tough conditions most people walked away feeling a high level of satisfaction and self-esteem. No doubt they will march on to seek other physical fitness opportunities.

To stay on the "stay-fit" track a recovery eating plan is essential. Muscles, bones, joints, connective tissues, blood, heart, lungs, and the mind need good nutrition. Exercise drains the body systems. Fluids and nutrients are automatically lost so energy production and mental focus can happen. What's used needs to be replaced.

Recovery Action Plan:

1. Drink Fluids - Drink at least 2 to 4 cups of non caffeinated fluids with in 1 hour after an event or workout. Note 1 pound of sweat loss equals 2 cups of fluid. Replace lost fluid weight with the proper amount of liquids

2. Have A Carbohydrate/Protein Snack

With in 2 hours after an event or workout eat and/or drink a snack with carbohydrates and protein. Recommended carbohydrate amount is .5 to 1 gm. carbohydrate per pound of weight. Recommended protein amount is 1/4 of the carbohydrate total, create a 4:1 ratio of carbohydrate:protein. Have about 200 to 400 calories (50 to 100 gms. carbohydrate).

Example: 150 # person X .5gms carbohydrate/ weight in pounds = 75 grams carbohydrate 75 grams carbohydrate divided by 4 = 18 gms protein

Snack Ideas: Turkey or chicken sandwich and 1 to 2 cups high vitamin C juice or 2 to 4 cups sports drink

2 cups flavored yogurt. Energy bar and 1 to 2 cups high vitamin C juice or 2 to 4 cups sports drink

Bowl of cereal with milk and fruit

3. Shy Away From Dehydrating Foods

Regular and diet Coke, Pepsi, Tab, Dr. Pepper, Mountain Dew all have caffeine. Any caffeinated food sor beverages force fluid loss. Coffee, tea, and alcoholic drinks also can promote dehydration. Limit these choices for faster fitness recovery.

4. Have A Regular Heart Healthy Meal 4 to 6 Hours Post Event Or Workout - Give the body a well balanced colorful meal for more recovery nutrients. Include a protein source like a lean meat, poultry, fish, bean or dairy source and include 2 to 3 carbohydrate sources like whole grain breads, cereals, vegetables, and fruits.

5. Have Something Alittle Salty - Some salt is lost through sweating. This can be easily replaced by a food choice that has sodium. Most foods have at least 100 to 300 mg sodium per serving.

6. Select High Potassium Foods Potassium, a mineral, is lost in sweat and plays a strong role in muscle contraction and relaxation. Good sources of potassium are potatoes, winter squash, bananas, tomatoes, orange juice, apricots, raisins, and lima beans.

7. Drink Natural Juices - Natural juices are rich in vitamins, minerals, and carbohydrates. For example Orange juice has 100 times more vitamin C and 20 times more potassium than an equal most sports drinks.

8. Plan For More Nutrient Rich Meals Day By Day It takes at least two days after a hard, tiring event or workout for the body to get fully re-charged. So plan to buy and eat 3 colorful nutrient rich meals and 2 snacks day by day. Make it a natural tasty routine.

Congratulations to all mini 2000 participants! Through positive perseverance you did it! Know that you can re-bounce back for more fitness excitement with alittle help from good nutrition. Keep treating yourself well.

Best,

Judy Tillapaugh, R.D. - IPFW Wellness/ Fitness Coordinator

2000 Run Wild! Fort Wayne Children's Zoo 4 Mile Road & Trail Race

Place	Time	Mile Pace	Name	Age	Place	Time	Mile Pace	Name	Age
1.	21:15	5:19	ERIC ADE	M 21	56.	26:46	6:42	DAVID SWENSON	M 37
2.	21:25	5:21	BRET GROVER	M 17	57.	26:46	6:42	WILLIAM BOUGHER	M 36
3.	21:28	5:22	MIKE COLE	M 25	58.	26:52	6:43	KIM MILLEMAN	F 28
4.	22:17	5:34	CASEY SHAFER	M 19	59.	26:56	6:44	PAUL ESHELMAN	M 21
5.	22:20	5:35	JERRY WILLIAMS JR	M 40	60.	26:57	6:44	JOHN WIENING	M 39
6.	22:26	5:37	MIKE FRUCHEY	M 31	61.	27:00	6:45	DON FORD	M 50
7.	22:40	5:40	SAM STEPHENS	M 36	62.	27:03	6:46	BRIAN SMITH	M 14
8.	23:11	5:48	MIKE SCHAUDEL	M 32	63.	27:04	6:46	BRENNON PLOTNER	M 15
9.	23:17	5:49	DOUG SCHWARTZ	M 28	64.	27:05	6:46	LINDA GORMAN	F 36
10.	23:26	5:52	RENEE MANGETTE	F 28	65.	27:08	6:47	LINDSAY BRUICK	F 19
11.	23:26	5:52	RICK HAMMER	M 19	66.	27:08	6:47	JIM BUSHEY	M 42
12.	23:28	5:52	JEREMY SCHMIDT	M 25	67.	27:11	6:48	CHRIS ADANG	M 25
13.	23:29	5:52	TIM O'CONNELL	M 44	68.	27:12	6:48	CORY LEAS	M 17
14.	23:38	5:55	JOHN E SCHNIEDERS	M 36	69.	27:14	6:49	KIM LEFEVER	M 44
15.	23:46	5:57	ROBERT MINNICH	M 33	70.	27:16	6:49	ARIN KNOX	F 16
16.	23:50	5:58	DANKINS	M 24	71.	27:20	6:50	KATIE DOEHLA	F 14
17.	23:54	5:59	DOUG SUNDLING	M 45	72.	27:23	6:51	DICK HACK	M 47
18.	24:04	6:01	ROGER WILSON	M 46	73.	27:27	6:52	MATT MEISER	M 35
19.	24:18	6:05	BRAD THOMAS	M 25	74.	27:28	6:52	KEVIN PARRELLA	M 35
20.	24:29	6:07	JOE BRUNSON	M 21	75.	27:28	6:52	JIM CURRAN	M 37
21.	24:34	6:09	CHRIS BROWN	M 16	76.	27:34	6:54	JOE MCFARREN	M 19
22.	24:37	6:09	DAN GREEN	M 45	77.	27:37	6:54	ANTHONY DAVID	M 20
23.	24:38	6:10	TERRY DILLER	M 42	78.	27:41	6:55	BRIAN CARPENTER	M 30
24.	24:43	6:11	ERIC NESTEL	M 15	79.	27:44	6:56	CRAIG KWIATKOWSKI	M 17
25.	24:43	6:11	ANTONIO ESTEVEZ	M 34	80.	27:47	6:57	JESSICA GALL	F 15
26.	24:43	6:11	MIKE RIDENOUR	M 16	81.	27:48	6:57	MERVIN KOEHLINGER	M 54
27.	24:46	6:12	KRAIG KERSCHNER	M 34	82.	27:49	6:57	TOD HACK	M 18
28.	24:49	6:12	JOE ZAHR	M 17	83.	27:50	6:58	JOE LANDRIGON	M 18
29.	25:00	6:15	ADAM KLOPFENSTEIN	M 16	84.	27:51	6:58	LANCE CHAPMAN	M 15
30.	25:01	6:15	CHESTER BENNETT	M 18	85.	27:53	6:58	KENNETH KING	M 42
31.	25:04	6:16	DAVID IOTT	M 17	86.	27:53	6:58	JAMSHID NAZARI	M 40
32.	25:08	6:17	MARLINE HOWE	M 45	87.	28:02	7:01	LUKE PINKERTON	M 14
33.	25:25	6:21	ANDY O'CONNOR	M 16	88.	28:09	7:02	TODD THOMPSON	M 19
34.	25:27	6:22	JIM PLATT	M 33	89.	28:11	7:03	JUDY TILLAPAUGH	F 41
35.	25:38	6:25	KYLE DOEHLA	M 14	90.	28:12	7:03	NIKKI JASPERSON	F 14
36.	25:39	6:25	DONN NICHOLS	M 48	91.	28:16	7:04	GARY JEFFERIES	M 17
37.	25:42	6:26	BRETT HESS	M 34	92.	28:17	7:04	SHELLY ROBINSON	F 36
38.	25:47	6:27	NICK BUSTOS	M 17	93.	28:19	7:05	AUBREY GAFFER	F 17
39.	25:48	6:27	STEVE THIEMS	M 15	94.	28:19	7:05	CHAD BENNETT	M 15
40.	25:51	6:28	MARK PINKERTON	M 17	95.	28:21	7:05	JOHN HOUSER	M 38
41.	25:52	6:28	THOMAS BUSSEN	M 38	96.	28:24	7:06	JEFF MILLEMAN	M 43
42.	25:54	6:29	CHRISTOPHER CASTILLO	M 21	97.	28:26	7:07	RICK GILBERT	M 43
43.	26:03	6:31	ANNE DUFF	F 35	98.	28:29	7:07	JEFF SWITZER	M 26
44.	26:07	6:32	JEREMY LUNG	M 19	99.	28:34	7:09	BRUCE CARPENTER	M 28
45.	26:11	6:33	CHRIS LEEUW	M 17	100.	28:36	7:09	JOE GARLOCK	M 16
46.	26:12	6:33	NEIL TATE	M 48	101.	28:40	7:10	JASON MATTESON	M 28
47.	26:13	6:33	GERHARD FUSSE	M 45	102.	28:40	7:10	PATRICK MCCANN	M 22
48.	26:13	6:33	JASON CLAYTON	M 24	103.	28:43	7:11	MARK BRATTON	M 44
49.	26:15	6:34	TIMOTHY FREEMAN	M 32	104.	28:44	7:11	RANDY GRAHAM	M 14
50.	26:16	6:34	COREY DRAKE	M 15	105.	28:44	7:11	MITCH NOVY	M 15
51.	26:27	6:37	DAVID DORIAS	M 45	106.	28:48	7:12	DREW MARKLEY	M 17
52.	26:31	6:38	ROCKY ROWE	M 39	107.	28:52	7:13	KEVIN LOCHNER	M 44
53.	26:34	6:39	BEN DOWNIE	M 20	108.	28:53	7:13	DON RANSOME	M 50
54.	26:43	6:41	DAN NESTEL	M 41	109.	28:57	7:14	PATRICK FERRY	M 41
55.	26:44	6:41	ROBERT NOVAK	M 36	110.	29:02	7:16	STEVEN MINNICH	M 23

2000 Run Wild! Fort Wayne Children's Zoo Cont.

Place	Time	Mile Pace	Name	Age	Place	Time	Mile Pace	Name	Age
111.	29:07	7:17	CANDACE SIELSCHOTTF	F 16	167.	31:13	7:48	CHERYL MCGOWAN	F 36
112.	29:09	7:17	MEGHAN DOEHLA	F 17	168.	31:19	7:50	BROOKS CARPENTER	M 23
113.	29:11	7:18	KEVIN SCHAEFFER	M 14	169.	31:24	7:51	MARGARET REYLING	F 16
114.	29:13	7:18	JOHN DAVID MCPHERSON	M 47	170.	31:25	7:51	CRAIG BOBAY	M 43
115.	29:15	7:19	GREGORY RIDENOUR	M 46	171.	31:27	7:52	STEPHEN SCHWARTZ	M 52
116.	29:16	7:19	JEREMY LESH	M 22	172.	31:30	7:53	SARAH SCHOMBURG	F 17
117.	29:17	7:19	JOHN TRELEAVEN	M 48	173.	31:31	7:53	MARTIN HURNWITT	M 35
118.	29:19	7:20	ADAM GROVER	M 15	174.	31:32	7:53	GRANT STIEGLITZ	M 15
119.	29:21	7:20	CHUCK DEFORD	M 41	175.	31:32	7:53	JON MITCHELL	M 29
120.	29:21	7:20	STEVE RHOADES	M 39	176.	31:33	7:53	MATT AUMAN	M 15
121.	29:24	7:21	JOHN MARTINO	M 39	177.	31:35	7:54	JASON O'CONNELL	M 29
122.	29:25	7:21	JENNA DOERFFLER	F 16	178.	31:37	7:54	JOEL ALLRED	M 15
123.	29:28	7:22	WILLIAM CRANE	M 57	179.	31:38	7:55	JACKIE MORRIS	F 27
124.	29:36	7:24	JOSEPH COLLIS	M 35	180.	31:40	7:55	MIKE LEWIS	M 52
125.	29:39	7:25	EMILY HERNANDEZ	F 17	181.	31:41	7:55	JUSTIN HENDERSON	M 15
126.	29:40	7:25	STUART NEILL	M 19	182.	31:45	7:56	JACK FROST	M 40
127.	29:41	7:25	PAULA RICKERD	F 31	183.	31:46	7:57	MIKE ENGLER	M 32
128.	29:42	7:26	IAN FUSSLE	M 18	184.	31:47	7:57	JAMES EWING	M 27
129.	29:44	7:26	TIM HATTERY	M 39	185.	31:48	7:57	AMY HOLLENBERG	F 38
130.	29:47	7:27	BEN RETTIG	M 40	186.	31:48	7:57	LINDSAE RHOADES	F 18
131.	29:47	7:27	BRANDON GEISEL	M 16	187.	31:51	7:58	SAMUEL HADLEY	M 48
132.	29:51	7:28	JOE CISNA	M 33	188.	31:53	7:58	STEPHEN HILKER	M 44
133.	29:54	7:29	KATHY PARISI	F 34	189.	31:54	7:59	STEVE MCMAHON	M 36
134.	29:54	7:29	DAVE BOYLAN	M 57	190.	32:02	8:01	TIMOTHY OGLE	M 46
135.	29:55	7:29	VAN HAUPERT	M 48	191.	32:02	8:01	HEATHER STOFFEL	F 17
136.	29:57	7:29	KAREN GERKEN	F 35	192.	32:09	8:02	ROB SNOW	M 48
137.	29:58	7:30	SAM SPRING	M 35	193.	32:14	8:04	JIM BEESON	M 44
138.	29:59	7:30	ALEX GOUTY	M 19	194.	32:14	8:04	JOHN SCHUMACHER	M 41
139.	30:00	7:30	PAT BEUCHEL	M 41	195.	32:17	8:04	BILL FREYGANS	M 39
140.	30:03	7:31	FREEMAN HERSHBERGER	M 62	196.	32:17	8:04	CAROLYN STREETER	F 42
141.	30:07	7:32	ANDREW OGLE	M 15	197.	32:24	8:06	DEWAYNE MENDEZ	M 27
142.	30:12	7:33	JENNIFER STEIGMEYER	F 30	198.	32:26	8:07	ETHAN EHLER	M 14
143.	30:13	7:33	SCOTT HACK	M 15	199.	32:26	8:07	BILL HARRIS	M 62
144.	30:13	7:33	HOLLIE PARKER	F 26	200.	32:27	8:07	PATTY SCHWARTZ	F 47
145.	30:15	7:34	TOM KING	M 53	201.	32:29	8:07	LINDSAY MOTTS	F 15
146.	30:16	7:34	CHRIS LOWDEN	M 21	202.	32:29	8:07	ANDREW TROWBRIDGE	M 18
147.	30:17	7:34	DON HARDWAY	M 40	203.	32:30	8:08	TEELA SULLIVAN	F 14
148.	30:20	7:35	JIM PICKETT	M 50	204.	32:31	8:08	CHARISSA KINSON	F 14
149.	30:25	7:36	SUSAN THORNTON	F 33	205.	32:34	8:09	GARY BIRD	M 42
150.	30:26	7:37	MEGAN DEXHEIMER	F 20	206.	32:38	8:10	DON ANDERSON	M 73
151.	30:27	7:37	ERIC BAKER	M 28	207.	32:41	8:10	PAUL DIXON	M 47
152.	30:27	7:37	NICHOLAS MORTORFF	M 19	208.	32:42	8:11	BARRIE PETERSON	M 57
153.	30:35	7:39	LIBBY BORROR	F 20	209.	32:43	8:11	TOBY JO HULLINGER	M 41
154.	30:36	7:39	BERNIE BURGETTE	M 56	210.	32:44	8:11	MICHAEL FUSO	M 19
155.	30:38	7:40	MARK MYERS	M 32	211.	32:45	8:11	MYLIN CUMBERLAND	M 51
156.	30:39	7:40	JEFF METZGER	M 39	212.	32:56	8:14	ERIC KLEINRICHERY	M 32
157.	30:47	7:42	JOE TAYLOR	M 38	213.	32:58	8:15	GARY MC FARREN	M 50
158.	30:50	7:43	KEVIN TRUELOVE	M 43	214.	33:00	8:15	LAURIE YAHL	F 22
159.	30:50	7:43	TOM FELTS	M 45	215.	33:04	8:16	JACK SHAHEEN	M 55
160.	30:58	7:45	JARED MESSMANN	M 13	216.	33:06	8:17	TREVOR LESH	M 15
161.	31:02	7:46	TAMMY FERRY	F 39	217.	33:09	8:17	ANDY GOUTY	M 14
162.	31:05	7:46	SAVINO RIVERA	M 38	218.	33:11	8:18	TOM FELGER	M 60
163.	31:06	7:47	GARY WALKER	M 47	219.	33:19	8:20	KELLI HART	F 19
164.	31:10	7:48	RACHEL DEE	F 47	220.	33:20	8:20	NEAL CUNNINGHAM	M 30
165.	31:10	7:48	JOHN SHIVE	M 45	221.	33:21	8:20	CAROLINE RUNYAN	F 36
166.	31:12	7:48	TERRY ANDERSON	M 46	222.	33:26	8:22	JOHN BENNETT	M 44

2000 Run Wild! Fort Wayne Children's Zoo Cont.

Place	Time	Mile Pace	Name	Age	Place	Time	Mile Pace	Name	Age
223.	33:27	8:22	BRETT CARPENTER	M 32	280.	36:33	9:08	ADRIENNE ROMARY	F 14
224.	33:27	8:22	KAREN BERGGOETZ	F 44	281.	36:35	9:09	JANETTE COX	F 24
225.	33:30	8:23	JOSHUA BUUCK	M 17	282.	36:36	9:09	KATIE MORRICAL	F 12
226.	33:38	8:25	MICHAEL OODWIN	M 15	283.	36:36	9:09	TOM MORRICAL	M 39
227.	33:40	8:25	KYLE KNELL	M 27	284.	36:50	9:13	JODI DOWNING	F 6
228.	33:43	8:26	TAMARA WRIGHT	F 41	285.	36:51	9:13	MISSY HIRSCHY	F 16
229.	33:46	8:27	LIBBY WEAVER	F 18	286.	36:52	9:13	AMBER HEIMANN	F 18
230.	33:47	8:27	JIM COUGHLIN	M 29	287.	36:53	9:13	MIKE FOLDESI	M 35
231.	33:48	8:27	KENT LOCKHART	M 44	288.	36:53	9:13	DAVID VAN GUILDER	M 41
232.	33:51	8:28	DEAN WHITMAN	M 42	289.	36:54	9:14	CATHERINE LEUGERS	F 18
233.	34:00	8:30	VICTORIA K. DOWNS	F 33	290.	36:54	9:14	DON ASHTON	M 59
234.	34:01	8:30	LINDA ANDERSON	F 38	291.	36:55	9:14	KATHLEEN KILAR	F 37
235.	34:01	8:30	SHEILA EGGS	F 10	292.	36:56	9:14	DAVID RAHER	M 34
236.	34:08	8:32	SHAWN DEMAREST	M 31	293.	37:00	9:15	EVA TROUT	F 33
237.	34:17	8:34	REX REYNOLDS	M 15	294.	37:03	9:16	POLLY GRISMORE	F 28
238.	34:22	8:36	LORRAINE FOX	F 39	295.	37:04	9:16	FRANK GOODIN	M 45
239.	34:22	8:36	BUD STIFFLER	M 62	296.	37:08	9:17	STEPHANIE KOCK	F 13
240.	34:25	8:36	RICH STEPHENSON	M 53	297.	37:10	9:18	STEVEN KOCH	M 42
241.	34:27	8:37	ANDREW FERRY	M 10	298.	37:17	9:19	CHARLES BREDEMEYER	M 14
242.	34:35	8:39	JOHN STAFFORD	M 50	299.	37:17	9:19	KIM LARSEN	F 38
243.	34:44	8:41	JIM ANDERSON	M 43	300.	37:19	9:20	JON INGLEMAN	M 58
244.	34:53	8:43	JIM STAMPER	M 44	301.	37:20	9:20	DIANA KUEBLER	F 45
245.	34:55	8:44	JOAN GARY	F 63	302.	37:27	9:22	JOE RYAN	M 39
246.	34:55	8:44	STEVE ROMARY	M 46	303.	37:29	9:22	DEAN RUSS	M 43
247.	35:05	8:46	SARAH PENNINGTON	F 21	304.	37:30	9:23	CARRIE NESS	F 16
248.	35:11	8:48	KAREN MARTINO	F 38	305.	37:31	9:23	MANDY LEEUW	F 15
249.	35:12	8:48	JESSICA THOMAS	F 14	306.	37:37	9:24	TOM FUELLING	M 49
250.	35:16	8:49	J. PAUL DOWNIE	M 45	307.	37:41	9:25	CHRIS POPPELE	M 27
251.	35:17	8:49	HARRY QUANDT	M 47	308.	37:41	9:25	JEFF WILLIAMS	M 32
252.	35:21	8:50	MEGAN HARDENBROOK	F 16	309.	37:44	9:26	BAILEE SOUDER	F 13
253.	35:22	8:51	MEGAN HARDENBROOK	F 16	310.	37:45	9:26	DENNIS KLOPFENSTEIN	M 43
254.	35:22	8:51	ANDREW SELKING	M 31	311.	37:45	9:26	SHERYL O'DONNELL	F 37
255.	35:25	8:51	CHAD WARD	M 13	312.	37:46	9:27	DUGAN HOFFMANN	M 31
256.	35:28	8:52	DINA STOVALL	F 31	313.	37:47	9:27	ANDREA REED	F 25
257.	35:31	8:53	CHRIS SHOOT	M 47	314.	38:00	9:30	TED ROLF	M 53
258.	35:36	8:54	JOSEPH NAYARKAS	M 46	315.	38:06	9:32	JIM MCCANN	M 50
259.	35:38	8:55	ROBIN BITTING	M 43	316.	38:15	9:34	JAMES WRIGHT	M 53
260.	35:42	8:56	JEFF ETCHEY	M 34	317.	38:16	9:34	THOMAS LEEUW	M 42
261.	35:43	8:56	RICHARD YERGENS	M 41	318.	38:18	9:35	ANDREW BEACHY	M 26
262.	35:44	8:56	PETER FERRY	M 13	319.	38:22	9:36	DAVID HILL	M 38
263.	35:45	8:56	DIANA SCHOWE	F 35	320.	38:24	9:36	MARK WEIHERT	M 40
264.	35:48	8:57	TIM MORRICAL	M 41	321.	38:26	9:37	DAN GRISMORE	M 28
265.	35:51	8:58	ROGER GRABLE	M 40	322.	38:27	9:37	GERALD THOMPSON	M 53
266.	35:52	8:58	JUDY WIKTOROWICZ	F 43	323.	38:29	9:37	DANA BUDD	M 45
267.	35:53	8:58	LAURA BAUGH	F 24	324.	38:31	9:38	NANCY SIMMONDS	F 46
268.	35:53	8:58	JOETTA SEATON	F 23	325.	38:33	9:38	TOM MAUPIN	M 36
269.	35:57	8:59	ANDREA GEORGE	F 15	326.	38:39	9:40	GEOFF BURNS	M 15
270.	35:58	9:00	ASHLEY RITCHEY	F 15	327.	38:39	9:40	MARY RODRIGUEZ	F 43
271.	36:06	9:02	THOMAS LOCKE	M 54	328.	38:48	9:42	BOB GRIEBEL	M 41
272.	36:11	9:03	QUINN FARVER	M 40	329.	38:50	9:43	ROBERT GRIEBEL	M 12
273.	36:12	9:03	NAOMI HALEY	F 23	330.	38:51	9:43	DEBI TRELEAVEN	F 49
274.	36:14	9:04	LYN BOBAY	M 49	331.	38:57	9:44	RENEE THOMAS	F 34
275.	36:15	9:04	MARSHA SCHMIDT	F 54	332.	38:58	9:45	GRETCHEN MAGGART	F 32
276.	36:16	9:04	IAN ROLLAND	M 67	333.	39:04	9:46	JOEL HANTER	M 37
277.	36:17	9:04	JANA GRANDLIENARD	F 25	334.	39:05	9:46	GREG RIDENOUR	M 16
278.	36:25	9:06	JOHN BRIER	M 55	335.	39:10	9:48	ANGELA HALL	F 19
279.	36:28	9:07	WILLIAM TERRY	M 37	336.	39:14	9:49	JOYCE HOCKENSMITH	F 53

2000 Run Wild! Fort Wayne Children's Zoo Cont.

Place	Time	Mile Pace	Name	Age	Place	Time	Mile Pace	Name	Age
337.	39:30	9:53	TOM AGNESS	M 54	394.	45:47	11:27	BRADY LONG	M 42
338.	39:31	9:53	BETH GOLDSMITH	F 36	395.	45:50	11:28	THOMAS M. SCHALL	M 39
339.	39:41	9:55	ROBERT K. WARREN	M 46	396.	45:59	11:30	DOUG LEHMAN	M 48
340.	39:49	9:57	KATIE GARLOCK	F 46	397.	46:02	11:31	EMILY VLK	F 19
341.	39:50	9:58	BOBB BARNES	F 49	398.	46:21	11:35	LAURA LANDRIGAN	F 29
342.	40:21	10:05	STEVE GOLDTHWAITE	M 51	399.	46:50	11:43	MICHELLE BEACHY	F 23
343.	40:22	10:06	JACK HILKER	M 71	400.	47:28	11:52	VICKIE DAHL	F 44
344.	40:22	10:06	EMILY SCHWEIKHARDT	F 17	401.	49:05	12:16	RHONDA WOODRUFF	F 38
345.	40:23	10:06	APRIL REYNOLDS	F 14	402.	49:06	12:17	DANIEL WOODRUFF	M 42
346.	40:24	10:06	NANCY WELLMAN	F 34	403.	49:17	12:19	JAY FAWVER	M 43
347.	40:25	10:06	KRISTEN MYERS	F 22	404.	49:39	12:25	KYLE HAMMONBD	M 14
348.	40:25	10:06	SAN PETERSON	F 45	405.	52:28	13:07	JUDY KRUSPIG	F 43
349.	40:26	10:07	DAVE KNELL	M 48	406.	53:42	13:26	ANDREA O'DAY	F 38
350.	41:01	10:15	MAGGIE BENNETT	F 14	407.	53:54	13:29	VANESSA FAWVER	F 13
351.	41:03	10:16	JERRY HAKES	M 49	408.	53:58	13:30	MARCIA KIRLIN	F 44
352.	41:05	10:16	PAUL DEMERCHANT	M 60	409.	54:03	13:31	DONNA HAZELETT	F 38
353.	41:06	10:17	JAN TRYON	F 39	410.	54:04	13:31	LAURA LANCIA	F 33
354.	41:07	10:17	MARY ANN PARKER	F 41	411.	54:25	13:36	ERIN GLOOR	F 18
355.	41:13	10:18	DANIELLE WIKTOROWICZ	F 13	412.	54:26	13:37	STACI YODER	F 19
356.	41:14	10:19	JOE WIKTOROWICZ	M 42	413.	54:26	13:37	KEN DISLER	M 77
357.	41:29	10:22	RUSSELL COLGROVE	M 43	414.	54:46	13:42	REG JOHNSON	M 51
358.	41:34	10:24	BARB SCROGHAM	F 53	415.	54:46	13:42	COLTON JOHNSON	M 7
359.	41:45	10:26	ANGELA BOSZOR	F 24	416.	58:47	14:42	KRIS FAWVER	F 42
360.	41:46	10:27	ANDREA CHANDLER	F 25	417.	58:48	14:42	CONNY FANKEN	F 44
361.	41:47	10:27	JACOB GRANDLIENARD	M 26	418.	1:02:02	15:31	LYNNE HUGUENARD	F 56
362.	41:58	10:30	SHERRY YODER	F 46					
363.	42:01	10:30	RENEE MEREE	F 36					
364.	42:02	10:31	LARRY PIANO	M 52					
365.	42:06	10:32	MARILYN KOENEMAN	F 38					
366.	42:15	10:34	MATT DECKARD	M 33					
367.	42:18	10:35	MARY SHEFFER	F 36					
368.	42:27	10:37	LYNN ROBERTS	F 47					
369.	42:28	10:37	MATT HENDERSON	M 53					
370.	42:28	10:37	BILL RYAN	M 42					
371.	42:30	10:38	KATHY FETSCH	F 42					
372.	42:31	10:38	STEVE BURNS	M 54					
373.	42:32	10:38	AMANDA WELCH	F 13					
374.	42:37	10:39	JUNE MINTCHELL	F 41					
375.	42:38	10:40	VICKI WELCH	F 37					
376.	42:52	10:43	CHARLEEN DARGIS	F 25					
377.	42:53	10:43	KIM MARKEY	F 41					
378.	42:56	10:44	LAUREN KIRLIN	F 9					
379.	43:02	10:46	JEFFREY ROBERTS	M 48					
380.	43:11	10:48	DIANE POST	F 43					
381.	43:13	10:48	SARAH KLEINKNIGHT	F 56					
382.	43:16	10:49	MARY HENDERSON	F 49					
383.	43:27	10:52	KEN POST	M 46					
384.	43:42	10:56	CRYSTAL CONRAD	F 31					
385.	44:09	11:02	NICOLE HALL	F 19					
386.	44:20	11:05	LISA FOLDESI	F 33					
387.	44:26	11:07	JOHN DIDIER	M 35					
388.	44:30	11:08	PETER GERKEN	M 40					
389.	44:35	11:09	DARRIN SHRONTZ	M 32					
390.	45:12	11:18	JOYCE FUZY	F 62					
391.	45:34	11:24	VICCI WILLIAMS	F 51					
392.	45:34	11:24	JOHN SHATTUCK	M 36					
393.	45:46	11:27	JON SHARPE	M 42					

Due to an error on behalf of the misguided, underachieving editor, the following information was purposely left out of the last newsletter.

Results from the Boston Marathon

**Charles Deihl - Andrews IN,
3:31:38**



River City Rat Race

May 27, 2000

Overall Female Winners

	City	Age	Time	Pace
Anne Duff	Ft Wayne, IN	3	39:49	6:25/M

Overall Male Winners

	City	Age	Time	Pace
Kevin Rigg	Lima, OH	32	33:45	5:26/M

Women 15 and under

	City	Age	Time
1. Brittany Harvey	Decatur, IN	14	46:06
2. Trista Mathias	Larwill, IN	14	49:36
3. Julie Jackson	Ft Wayne, IN	14	50:46
4. Lisa Wilkinson	South Whitley, IN	14	52:32
5. Catherine Leugers	Ft Wayne, IN	15	59:45
6. Nicole Anderson	New Haven, IN	15	1:13:46
7. Vanessa Fawver	Ft Wayne, IN	13	1:28:03
8. Jeanette Fawyer	Ft Wayne, IN	15	1:28:20

Women 30 to 34

	City	Age	Time
1. Debra Hoffer	New Haven, IN	30	44:21
2. Paula Rickerd	Ft Wayne, IN	30	44:34
3. Tammy Panning	Ft Wayne, IN	30	45:41
4. Susan Thornton	Ft Wayne, IN	33	46:48
5. Jennifer Steigmeyer	Ft Wayne, IN	30	46:52
6. Melissa Cottrill	Ft Wayne, IN	33	51:39
7. Karen Falloon	Roanoke, IN	33	52:09
8. Lisa Baldwin	Ft Wayne, IN	34	56:10
9. Dana Hardy	Ft Wayne, IN	32	57:55
10. Marie Millner	Huntington, IN	33	58:27
11. Renee Thomas	Auburn, IN	34	1:00:31

Women 16 to 17

	City	Age	Time
1. Sheila Egts	Ft Wayne, IN	17	59:52.5

Women 18 to 19

	City	Age	Time
1. Nicole Williams	Topeka, IN	18	43:49.5
2. Libby Borrer	Ft Wayne, IN	19	45:13.6
3. Kelly Aldridge	Ft Wayne, IN	19	48:42.3
4. Lindsae Rhoades	Avilla, IN	18	49:10.1

Women 35 to 39

	City	Age	Time
1. Bonnie McCray	Ft Wayne, IN	35	39:55
2. Linda Gorman	Ft Wayne, IN	36	43:01
3. Karen Gerken	Ft Wayne, IN	36	45:19
4. Gail Saalfrank	New Haven, IN	36	47:29
5. Caroline Runyan	Ft Wayne, IN	36	49:57
6. Cheryl McGowan	Ft Wayne, IN	36	50:06
7. Mary Zehninger	Ft Wayne, IN	36	51:54
8. Lorraine Fox	Ft Wayne, IN	39	52:26
9. Amy Hile	Ft Wayne, IN	35	54:06
10. Diana Schowe	Auburn, IN	35	54:12
11. Julia Tobias	Bluffton, IN	37	55:03
12. Michelle Levey	Huntertown, IN	36	56:03
13. Kim Larsen	Ft Wayne, IN	38	57:36
14. Joanne Mahned	Ft Wayne, IN	36	57:43
15. Katherine Falkenstern	Ft Wayne, IN	39	57:43
16. Christine Renken	Ft Wayne, IN	39	57:54
17. Angie Owen	Ft Wayne, IN	36	57:55
18. Betty Jackson Greider	Ft Wayne, IN	39	1:06:41
19. Tammy Detweiler	Ft Wayne, IN	36	1:28:31

Women 20 to 24

	City	Age	Time
1. Karen Yager	Ft Wayne, IN	21	52:02
2. Sarah Bridges	Ft Wayne, IN	23	53:30
3. Amy Ash	Ft Wayne, IN	23	55:35
4. Nicole Lantz	Ft Wayne, IN	22	57:37
5. Lisa Budes	Ft Wayne, IN	20	1:00:00
6. Nancy Clark	Ft Wayne, IN	23	1:02:58

Women 25 to 29

	City	Age	Time
1. Kathy Kurek	Lafayette, IN	25	40:19.3
2. Kim Davidson Milleman	Ft Wayne, IN	27	41:32
3. Darlene Barton	Fort Wayne, IN	25	45:14
4. Hollie Parker	Fort Wayne, IN	26	47:47
5. Katrina Harris	Cincinnati, OH	29	48:00
6. Amy Gross	Fort Wayne, IN	26	51:36
7. Angela Croneweth	Union, KY	25	54:13
8. Crystal A Jones	Ft Wayne, IN	26	1:06:18

Masters Category

Overall Female Winners

	City	Age	Time
1. Katie Creighton	Ft Wayne, IN	41	46:27

Women 40 to 44

	City	Age	Time
1. Christine Heiny	Ft Wayne, IN	44	48:53
2. Cathy Bryan	Ft Wayne, IN	43	48:58
3. Tamara Wright	Ft Wayne, IN	41	53:16
4. Julianne Houser	Ft Wayne, IN	40	54:05
5. Judith Ingleman	Ft Wayne, IN	44	54:09
6. Terri Gross	Ft Wayne, IN	44	55:18
7. Gisela Steinert	Suczbach, FRG	41	56:07
8. Diane Post	Ft Wayne, IN	43	1:02:59
9. Kris Fawver	Ft Wayne, IN	42	1:28:31

Women 45 to 49

	City	Age	Time
1. Diana Kuebler	Leo, IN	45	55:01
2. Elaine Peterson	Ft Wayne, IN	49	1:04:03

Women 50 to 54

	City	Age	Time
1. Helene Price	New Orleans, LA	54	48:16.2
2. Sook-Ja H Hansen	Ft Wayne, IN	52	59:39.8
3. Patricia Trapp	Ft Wayne, IN	50	1:01:57.0

Women 55 to 59

	City	Age	Time
1. Sarah Kleinknight	Ft Wayne, IN	56	1:06:34

Women 60 and over

	City	Age	Time
1. Joan Gary	Fremont, IN	63	54:30

Male 15 and Under

	City	Age	Time
1. Eric Nestel	Ft Wayne, IN	15	36:36
2. Victor McHenry	Craigville, IN	15	38:28
3. Steven Thieme	Decatur, IN	15	39:38
4. Brent Emerick	Columbia City, IN	13	40:48
5. Robert Creighton	Ft Wayne, IN	15	45:41
6. Chris Miller	Ft Wayne, IN	12	47:06
7. Roger McGowan	Ft Wayne, IN	14	48:54
8. Sam N Bird	Columbia City, IN	10	51:35
9. Jeff Wente	Ft Wayne, IN	15	55:50
10. Geoff Burns	Ft Wayne, IN	15	1:04:51

Male 16 to 17

	City	Age	Time
1. Adam Lee Truex	New Haven, IN	16	36:21.0
2. Adam Klopfenstein	New Haven, IN	16	38:01.7
3. Chris Brown	Bluffton, IN	16	38:28.9
4. Mike Ridenour	Ft Wayne, IN	16	39:20.1
5. Zach Ruble	Monroeville, IN	17	41:56.8

Men 18 to 19

	City	Age	Time
1. Casey Shafer	Bluffton, IN	19	34:24
2. Rick Hammer	Hudson, IN	19	36:18
3. Jon Fennig	Decatur, IN	18	37:17
4. Justin Bailey	Montpelier, IN	18	41:57
5. Nathan Truex	Ossian, IN	19	42:14
6. Brian Lantz	Rockford, OH	18	46:02
7. Joe McFarren	Keystone, IN	19	47:05
8. Brian Bokhart	Ft Wayne, IN	18	50:53
4. Brad Weber	Auburn, IN	23	47:18
5. Ryan Shepherd	Ft Wayne, IN	20	48:02
4. Brad Weber	Auburn, IN	23	47:18
5. Ryan Shepherd	Ft Wayne, IN	20	48:02
6. Steve Widelski	Huntington, IN	24	50:57
7. Nathan Gau	Ft Wayne, IN	22	52:09
8. John Leyendecker	Cincinnati, OH	20	1:00:01
9. Carmen Weber	Auburn, IN	24	1:01:01
10. Jacob Bloom	Ft Wayne, IN	20	1:07:11

Men 20 to 24

	City	Age	Time
1. King Oberlin	Angola, IN	21	36:19
2. Paul Eshelman	Leo, IN	20	43:09
3. Michael Barnes	Ft Wayne, IN	20	43:25

Men 25 to 29

	City	Age	Time
1. Kyle Minnich	Van Wert, OH	25	36:28
2. Brad A Thomas	Ft Wayne, IN	25	36:37
3. Paul Richardson	Auburn, IN	28	37:07
4. Jon Uecker	Ft Wayne, IN	27	39:51
5. Chris Adang	Ft Wayne, IN	25	40:29
6. David Shock	Ft Wayne, IN	25	40:45
7. Jason Van Dyne	Springfield, MO	27	41:07
8. Chris Dunmire	Fort Wayne, IN	26	41:47
9. Doug Patrick	Monroeville, IN	25	44:15
10. Rich Skaggs	Ft Wayne, IN	26	47:41
11. David Parker	Fort Wayne, IN	27	47:47
12. Kelley Cather	Ft Wayne, IN	27	49:09
13. Jeff Calhoun	Fort Wayne, IN	28	51:53
14. Andrew Beady	Ft Wayne, IN	26	1:06:36

Men 30 to 34

	City	Age	Time
1. Michael Fruchey	Huntertown, IN	31	34:39
2. Robert Minnich	Ft Wayne, IN	32	37:26
3. Robert W Eherenman	Roanoke, IN	34	39:53
4. Ron Walsh	Greenwood, IN	33	40:18
5. Tim Freeman	Ft Wayne, IN	32	41:44
6. George Baldus	Ft Wayne, IN	33	42:01
7. David Panning	Ft Wayne, IN	30	43:19
8. Steven Lengacher	Leo, IN	34	44:47
9. Armando Olivas	Ft Wayne, IN	31	46:54
10. Christopher Yeager	Ft Wayne, IN	34	47:48
11. Doug Johnston	Kewanna, IN	32	49:11
12. Jeff Kintz	New Haven, IN	31	49:26
13. Joel Brecount	Ft Wayne, IN	33	50:26
14. Kevin Mann	Ft Wayne, IN	33	51:33

15. Matt Arend	Hicksville, OH	32
16. Michael Schoudel	Ft Wayne, IN	32
17. Andy Haxton	Ft Wayne, IN	32
18. John Rumpz	New Haven, IN	31
19. Russ Kolkman	Ft Wayne, IN	33
20. Michael Snavley	South Whitley, IN	33
21. Brian Bartlett	Fort Wayne, IN	32
22. Brian Ewert	Kendallville, IN	30

Men 35 to 39

	City	Age	Time
1. Sam Stephens	Ft Wayne, IN	36	36:11
2. Eric White	Ft Wayne, IN	35	37:16
3. David Swenson	New Haven, IN	37	38:17
4. Lenny Duff	Ft Wayne, IN	35	38:29
5. Dan Biehl	Ft Wayne, IN	36	38:33
6. Thomas Bussen	Leo, IN	38	40:00
7. John Wiening	Ft Wayne, IN	39	41:03
8. Robert Novak	Fort Wayne, IN	35	41:09
9. Tim Traycoff	Fishers, IN	36	41:43
10. Gino Fisher	Rockford, OH	38	42:33
11. Matt Meiser	Roanoke, IN	35	43:31
12. Dan Cummiskey	Ft Wayne, IN	39	44:25
13. Tim Hatterry	Ft Wayne, IN	39	44:57
14. Steve Rhoades	Avilla, IN	39	45:05
15. Jeff Metzger	Ft Wayne, IN	39	45:22
16. Jim Bougher	Ft Wayne, IN	37	46:26
17. Mark Beals	Ft Wayne, IN	37	47:22
18. Todd Stearns	Ft Wayne, IN	38	47:26
19. John Houser	Ft Wayne, IN	38	47:42
20. Harry MacRis	Ft Wayne, IN	35	47:50
21. Ronald Eichel	Leo, IN	37	48:00
22. Chad Smyth	Warren, IN	39	48:02
23. Scott Reiling	Ft Wayne, IN	37	48:05
24. Tim Newlin	Ft Wayne, IN	37	48:25
25. Anthony L Lehman	Dayton, OH	37	50:52
26. Dan Ritter	Auburn, IN	39	51:12
27. Steve McMahon	Ft Wayne, IN	36	51:31
28. Mark O'Brien	Ft Wayne, IN	39	53:05
29. Jim Berghoff	Ft Wayne, IN	39	53:53
30. Bill Freygang	Ft Wayne, IN	39	54:03
31. Joe Ryan	Ft Wayne, IN	39	54:49
32. Marvin Eady	Ft Wayne, IN	37	54:52
33. Thomas Cleveland	Ft Wayne, IN	38	55:02
34. Kerry Marshall	Ft Wayne, IN	35	57:14
35. Joel Harter	Ft Wayne, IN	37	1:09:36

Overall Male Winners

	City	Age	Time
1. Jerry Williams Jr.	Ft. Wayne, IN	40	34:48

Men 40 to 44

	City	Age	Time
1. Jay Prichard	Van Wert, OH	42	37:06
2. Mike Stone	Fort Wayne, IN	40	39:55
3. Kim A Lefever	Columbia City, IN	44	40:17

51:33	4. Paul Shaffer	Decatur, IN	42	40:26
51:44	5. Daniel Nestel	Ft Wayne, IN	41	41:01
53:08	6. Kevin Lochner	N. Manchester, IN	44	42:19
53:38	7. Jeff Milleman	Ft Wayne, IN	43	42:29
54:28	8. Tim Porter	Ft Wayne, IN	43	42:53
55:02	9. Rick L Gilbert	Monroeville, IN	43	44:00
1:01:56	10. Jamshid Nazari	Ft Wayne, IN	40	45:07
1:02:20	11. Tom Landis	Churubusco, IN	44	45:36
	12. Martin Hohl	Ft Wayne, IN	42	45:43
	13. Chuck Troyer	Ft Wayne, IN	41	46:22
	14. Ralf Steinert	Suczbach, FRG	43	46:35
	15. R. Nicholson	Ft Wayne, IN	40	47:20
	16. Chuck Brown	Bluffton, IN	44	47:30
	17. Craig Bobay	Ft Wayne, IN	43	47:34
	18. Chuck Zumbrun	Ft Wayne, IN	42	47:57
	19. Dan Arnold	Ft Wayne, IN	40	48:17
	20. Toby Jo Hullinger	Monroeville, IN	41	48:18
	21. James S Beeson	Fort Wayne, IN	44	48:21
	22. Vern Cedar	Ft Wayne, IN	43	48:37
	23. Dean Whitman	Ft Wayne, IN	42	49:12
	24. Michael Variell	Middle Point, OH	43	49:51
	25. David M Graney	Ft Wayne, IN	40	50:28
	26. Ric Poorman	Ft Wayne, IN	40	50:39
	27. Gary L Bird	Columbia City, IN	42	51:37
	28. Mike Murdirk	Ft Wayne, IN	42	51:38
	29. Quinn Farver	Ft Wayne, IN	40	52:17
	30. Mike Difilipp	Ft Wayne, IN	44	52:19
	31. Tony Klee	Ft Wayne, IN	43	52:34
	32. Allen Whittington	Van Wert, OH	44	53:42
	33. Jim Carroll	Ft Wayne, IN	40	54:56
	34. Mark Weinert	Ft Wayne, IN	40	55:29
	35. Dennis Klopfenstein	New Haven, IN	42	55:34
	36. Pam White	Ft Wayne, IN	42	56:25
	37. Steven E Ludwiski	Ft Wayne, IN	43	56:34
	38. Scott Herbst	Columbia City, IN	41	1:03:12
	39. Tom Allen	Ft Wayne, IN	41	1:03:18
	40. Bill Ryan	Ft Wayne, IN	42	1:06:50
	41. Jay Fawver	Ft Wayne, IN	43	1:28:02
	42. Mike Roeger	Ft Wayne, IN	41	1:33:16

Men 45 to 49

	City	Age	Time
1. Roger L Wilson	Ft Wayne, IN	46	37:53
2. Jed Pearson	Columbia City, IN	49	39:31
3. Tom Shearer	Columbia City, IN	47	40:23
4. Neil Tate	N.manchester, IN	48	41:17
5. Tim Zumbaugh	Ft Wayne, IN	47	42:52
6. Todd Seiman	Ft Wayne, IN	46	43:10
7. John David McPherson	Ft Wayne, IN	47	44:08
8. Robert Snow	Ft Wayne, IN	48	45:33
9. Thomas J Felts	Ft Wayne, IN	45	46:26
10. Larry Price	New Orleans, LA	49	48:08
11. Eddie Lee	Columbia City, IN	47	48:34
12. John Burns	Ft Wayne, IN	45	48:46
13. Fred Hannan, Jr.	Ft Wayne, IN	46	49:14
14. Scott Miller	Ft Wayne, IN	47	50:47
15. J Paul Downie	Ft Wayne, IN	45	52:05
16. Harry Quandt	New Haven, IN	46	52:06

17. Jeff Keeling	Ft Wayne, IN	46	52:21
18. Frank Goodin	Ft Wayne, IN	45	53:09
19. Joseph Nayarkas	Ft Wayne, IN	45	53:45
20. Brian Dobias	Ft Wayne, IN	47	53:46
21. Jeff Braman	Ft Wayne, IN	48	54:45
22. Tom O'Malley	Ft Wayne, IN	48	56:58
23. Steve Brown	Ft Wayne, IN	49	57:04
24. Alan Bradley	New Haven, IN	48	58:26
25. Dana Budd	Ft Wayne, IN	45	1:02:57
26. George Petersen	Ft Wayne, IN	48	1:04:04
27. Mike Cottrell	Hermitage, TN	49	1:04:59

Men 55 to 59

	City	Age	Time
1. Dave Boylan	Ft Wayne, IN	57	45:35
2. Bernie Burgette	Ft Wayne, IN	56	45:49
3. William A Crane	Warsaw, IN	57	46:38
4. Barrie Peterson	Ft Wayne, IN	57	50:56
5. John Brien	Ft Wayne, IN	55	54:42
6. Don Ashton	Ft Wayne, IN	59	55:24
7. Allen Albert	Fort Wayne, IN	56	59:45
8. Dean Cutshall	Fort Wayne, IN	56	1:07:28
9. Steven Mann	Chicago, IL	57	1:10:59

Men 50 to 54

	City	Age	Time
1. Mervin Koehlinger	Ft Wayne, IN	54	43:47
2. Ty Murphy	Columbia City, IN	51	45:25
3. Jim Pickett	Waterloo, IN	50	45:47
4. Patrick Chasey	Ft Wayne, IN	52	45:51
5. John Peterson	Ft Wayne, IN	54	46:50
6. Michael Barman	Ft Wayne, IN	50	49:09
7. Mike Lewis	Auburn, IN	52	49:22
8. Phil Luttmann	Kendallville, IN	52	49:55
9. Dale Stamwitz	Ft Wayne, IN	54	51:36
10. Charlie Backofen	Ft Wayne, IN	54	53:27

Men 50 to 54 (continued)

	City	Age	Time
11. Jay Haney	Huntington, IN	51	54:37
12. Tom Locke	Ft Wayne, IN	54	54:58
13. Timothy Hogan	Ft Wayne, IN	50	56:14
14. Ken Silkworth	Fort Wayne, IN	53	57:47
15. Ted Rolf	Ft Wayne, IN	53	59:16
16. Tom Agness	Fort Wayne, IN	53	59:42
17. Jim Deitle	Ft Wayne, IN	53	1:00:07
18. Larry Piano	Fort Wayne, IN	52	1:00:23
19. Jerry Rossi	Woodburn, IN	51	1:01:31
20. Steve Burns	Ft Wayne, IN	54	1:04:59
21. Robert Walda	New Haven, IN	53	1:13:46

Men 60 and over

	City	Age	Time
1. Joe Ziegler	New Haven, IN	64	47:17
2. Tom Felger	Ft Wayne, IN	60	47:31
3. Donald A Anderson	Ft Wayne, IN	72	47:32
4. Charles Furst	Grandville, MI	60	49:54
5. William E Harris	Ft Wayne, IN	62	50:10
6. Robert C Loomis	Monroeville, IN	67	52:17
7. Hal Higdon	Long Beach, IN	68	52:28
8. Karl Dietsch	Ft Wayne, IN	62	53:07
9. Dick Harnly	Ft Wayne, IN	62	54:38
10. Ian Rolland	Ft Wayne, IN	66	55:25
11. Ron Bonar	Ft Wayne, IN	62	57:35
12. Edward Gebhart	Albion, IN	62	1:01:15
13. Philip Wahls	Ft Wayne, IN	69	1:08:47
14. Larry Hayes	Ft Wayne, IN	61	1:15:10
15. James P Jones	Ft Wayne, IN	71	1:15:18

Beefcake 4K Age division Champions

Female Age Group Winners

11-13	1	Theresa Schamberger
14	1	Emily Cochard
15	1	Meghan Vogt
16	1	Alyson Reger
17-18	1	Megan Sanders
23-30	1	Abigail David
36-40	1	Carma McPherson
46-50	1	Kathy Scheumann
51+	1	Joan Gary

Male Age Group Winners

11-13	1	Brent Emerick
14	1	Matt Ingalls
15	1	Chris Kempf
16	1	Kaleb Van Ort
17-18	1	Justin Scheumann
19-22	1	Nathan Liechty
23-30	1	Paul Richardson
31-35	1	Mike Fruchey
36-40	1	Sam Stephens
41-45	1	Brad Middleton
46-50	1	Tim Ogle
51+	1	Herb Horrom

Runners On Parade Parade Race 5K

Age Group Results

July 08, 2000

Results by Fort Wayne Track Club

Open Category

Overall Female Winners

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Bonnie McCray	Ft Wayne IN	36	43	18:37.6	6:00/M
2	Anne Duff	Ft Wayne IN	35	45	18:49.4	6:04/M
3	Aubrey Gaffer	Ft Wayne IN	17	59	19:14.7	6:12/M

Women 12 & Under

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Jenny Cavellier	Middletown OH	9	252	24:09.0	7:47/M
2	Kathryn Morriscal	Grabill IN	12	331	26:20.0	8:30/M
3	Liane Shaffer	Decatur IN	12	384	29:14.6	9:26/M
4	Natali Evans	Ft Wayne IN	10	412	32:12.3	10:23/M
5	Brittany Roth	Ft Wayne IN	9	424	34:41.1	11:11/M

Women 13 to 14

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Katie Doehla	Ft Wayne IN	14	64	19:22.7	6:15/M
2	Nikki Jaspersen	Ft Wayne IN	14	99	20:26.1	6:35/M
3	Elizabeth Herndon	Ft Wayne IN	14	179	22:07.3	7:08/M
4	Stephanie Fenstermaker	Ft Wayne IN	14	187	22:16.5	7:11/M
5	Megan Flora	Ft Wayne IN	14	200	22:39.3	7:18/M
6	Jessica Palevich	Ft Wayne IN	13	203	22:42.9	7:19/M
7	Amanda Weirich	Marion IN	14	206	22:44.9	7:20/M
8	Trista Mathias	Larwill IN	14	226	23:18.4	7:31/M
9	Allison Matheis	Ft Wayne IN	13	268	24:34.2	7:55/M
10	Jessica Thomas	Auburn IN	14	273	24:39.2	7:57/M
11	Stephaine Koch	Leo IN	13	291	25:04.1	8:05/M
12	April Reynolds	Keystone IN	14	329	26:18.8	8:29/M
13	Sarah Milonas	Holmdel NJ	13	426	35:12.3	11:21/M

Women 15

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Brittany Harvey	Decatur IN	15	92	20:09.4	6:30/M
2	Kristin Abels	Ft Wayne IN	15	159	21:43.8	7:00/M
3	Jenna Shaffer	Decatur IN	15	239	23:54.5	7:43/M
4	Ashley Ritchey	Spencerville IN	15	243	23:59.9	7:44/M
5	Andrea George	Auburn IN	15	265	24:31.1	7:55/M
6	Mandy Leeuw	Ft Wayne IN	15	317	25:57.5	8:22/M
7	Katie Deitle	Ft Wayne IN	15	388	29:25.2	9:29/M

Women 16

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Erin Knox	Ft Wayne IN	16	78	19:46.2	6:23/M

2	Lydia Flora	N. Manchester	IN	16	144	21:26.2	6:55/M
3	Jenna Doerffler	Ft Wayne	IN	16	170	21:55.6	7:04/M
4	Katie Nolting	Ft Wayne	IN	16	189	22:19.7	7:12/M
5	Tracy Butler	Ft Wayne	IN	16	190	22:20.1	7:12/M
6	Lindsay Motts	Ft Wayne	IN	16	244	24:02.5	7:45/M
7	Amy Coleman	Hartford City	IN	16	297	25:15.4	8:09/M
8	Angela Moudy	Ft Wayne	IN	16	318	25:58.3	8:23/M
9	Emily Foote	Ft Wayne	IN	16	377	28:52.0	9:19/M

Women 17

<u>Place</u>	<u>Name</u>	<u>City</u>		<u>Age</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Meghan Doehla	Ft Wayne	IN	17	94	20:11.5	6:31/M
2	Jennifer Lee	Ft Wayne	IN	17	100	20:26.5	6:35/M
3	Lauren Simpson	Ft Wayne	IN	17	114	20:50.7	6:43/M
4	Cassie Jones	Montpelier	IN	17	125	20:57.9	6:45/M
5	Kristen Simpson	Ft Wayne	IN	17	148	21:28.1	6:55/M
6	Stef. De Tommaso	Ft Wayne	IN	17	166	21:53.3	7:04/M
7	Sarah Schomburg	Ft Wayne	IN	17	191	22:20.5	7:12/M

Women 18 to 19

<u>Place</u>	<u>Name</u>	<u>City</u>		<u>Age</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Emily Hernandez	Ft Wayne	IN	18	128	21:06.1	6:48/M
2	Lindsae Rhoades	Avilla	IN	18	131	21:15.7	6:51/M
3	Teri Jennings	Ft Wayne	IN	19	188	22:17.9	7:11/M
4	Theresa Schwartz	Ft Wayne	IN	18	192	22:21.3	7:13/M
5	Katie Burkhardt	Ft Wayne	IN	18	199	22:37.0	7:18/M
6	Brianne Gilford	Harlan	IN	19	234	23:43.9	7:39/M
7	Becky Eager	Harlan	IN	19	246	24:03.9	7:45/M
8	Laura Meyer	Ft Wayne	IN	18	277	24:47.0	8:00/M
9	Le Ann M Buescher	Ft Wayne	IN	18	323	26:13.5	8:27/M
10	Katie O'Shaughnessy	New Haven	IN	19	332	26:21.7	8:30/M
11	Karen Blosser	Ft Wayne	IN	18	385	29:16.1	9:26/M
12	Jolle Smith	Ft Wayne	IN	18	386	29:18.1	9:27/M

Women 20 to 24

<u>Place</u>	<u>Name</u>	<u>City</u>		<u>Age</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Janet Souder	Ft Wayne	IN	20	150	21:29.0	6:56/M
2	Megan Dexheimer	Ft Wayne	IN	20	156	21:40.0	6:59/M
3	Kelly First	Ft Wayne	IN	24	222	23:10.1	7:28/M
4	Kristy Moore	Ft Wayne	IN	22	304	25:28.4	8:13/M
5	Nicole Lantz	Ft Wayne	IN	22	319	26:02.9	8:24/M
6	Kristi Kelwaski	Craigville	IN	21	320	26:03.4	8:24/M
7	Erika Kamp	Ft Wayne	IN	20	322	26:04.8	8:25/M
8	Nicole Moore	Ft Wayne	IN	22	340	26:39.4	8:36/M
9	Janelle Hibiske	Ft Wayne	IN	21	349	27:04.9	8:44/M
10	Heather Schlagenhaut	Bluffton	IN	20	383	29:00.8	9:21/M
11	Sarah Bricker	Ft Wayne	IN	20	396	29:51.0	9:38/M
12	Sara Leonard	Warsaw	IN	20	409	31:16.1	10:05/M
13	Jamie Buffington	Ft Wayne	IN	20	415	32:18.7	10:25/M
14	Mindy Scheumann	Monroeville	IN	24	420	32:56.9	10:37/M
15	Kristen Shoemaker	New Haven	IN	20	421	33:08.1	10:41/M

Women 25 to 29

<u>Place</u>	<u>Name</u>	<u>City</u>		<u>Age</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Darlene Barton	Fort Wayne	IN	25	74	19:37.2	6:20/M
2	Jackie Morris	Ft Wayne	IN	27	193	22:23.0	7:13/M
3	Christine Kmicikewicz	Ft Wayne	IN	25	272	24:37.4	7:56/M
4	Tara Sprunger	Ft Wayne	IN	26	274	24:41.8	7:58/M
5	Susanna Trullas	Ft Wayne	IN	26	275	24:43.8	7:58/M
6	Heidi Kissner	Leo	IN	28	281	24:49.4	8:00/M
7	Julie Flora	Ft Wayne	IN	29	300	25:19.8	8:10/M
8	Karen Cox	Fort Wayne	IN	27	312	25:44.6	8:18/M
9	Holly Young-Reese	Ft Wayne	IN	29	316	25:51.4	8:20/M
10	Terra Finderson	Ft Wayne	IN	27	348	27:00.0	8:43/M

11	Jacquelyn Magnus	Rocky Mtn House	AB	28	363	27:59.7	9:02/M
12	Kelly Goldacker	Ft Wayne	IN	27	408	31:12.0	10:04/M
13	Laura Mizicko	Ft Wayne	IN	26	411	32:09.1	10:22/M
14	Tiffany McClain	Ft Wayne	IN	28	427	35:56.9	11:35/M

Women 30 to 34

<u>Place</u>	<u>Name</u>	<u>City</u>		<u>Age</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Julie M Smith	Tappahannock	VA	31	62	19:17.8	6:13/M
2	Paula Richerd	Ft Wayne	IN	31	120	20:55.0	6:45/M
3	Kathy Parisi	Ft Wayne	IN	34	143	21:25.0	6:55/M
4	Julie McNulty	Ft Wayne	IN	34	147	21:27.6	6:55/M
5	Jennifer Steigmeyer	Ft Wayne	IN	30	152	21:29.7	6:56/M
6	Dawn Buchanan	Ft Wayne	IN	31	209	22:49.2	7:22/M
7	Kimberly Seatter	Ft Wayne	IN	30	214	22:59.0	7:25/M
8	Dina Stovall	Ft Wayne	IN	31	283	24:52.6	8:01/M
9	Lisa Cotten	Ft Wayne	IN	31	289	24:57.0	8:03/M
10	Carla Ferretti-Hoover	Roanoke	IN	32	305	25:30.6	8:14/M
11	Crystal Conrad	Ft Wayne	IN	31	346	26:52.4	8:40/M
12	Renee Thomas	Auburn	IN	34	360	27:32.1	8:53/M
13	Cheri Steigmeyer	Ft Wayne	IN	34	362	27:50.9	8:59/M
14	Debbie Eckman	Ft Wayne	IN	33	370	28:25.1	9:10/M
15	Carol Telley	Ft Wayne	IN	31	416	32:19.0	10:25/M
16	Peggy Rayburn	Ft Wayne	IN	34	423	34:19.8	11:04/M
17	Laura Lancia	Leo	IN	33	431	38:07.3	12:18/M

Women 35 to 39

<u>Place</u>	<u>Name</u>	<u>City</u>		<u>Age</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Shelly M Robinson	Ft Wayne	IN	36	105	20:31.5	6:37/M
2	Trina C Chapman-Smith	Auburn	IN	37	213	22:58.4	7:25/M
3	Caroline Runyan	Ft Wayne	IN	36	221	23:09.5	7:28/M
4	Julia Tobias	Bluffton	IN	37	294	25:11.9	8:07/M
5	Diana Showe	Auburn	IN	35	314	25:49.0	8:20/M
6	Marsha Morgan	Fpo	AE	36	333	26:25.5	8:31/M
7	Becky Ruble	Monroeville	IN	37	338	26:36.9	8:35/M
8	Karen Maggard	Ft Wayne	IN	37	374	28:41.2	9:15/M
9	Lynne Giordano	Fairfax	VA	37	376	28:42.4	9:15/M
10	Cindi Goyins	Salem	OR	38	394	29:45.7	9:36/M
11	Debby Bentivegna	Canton	OH	38	397	29:52.3	9:38/M
12	Renee Meier	Fort Wayne	IN	36	398	29:53.1	9:38/M
13	Linda Nichols	Ft Wayne	IN	35	401	30:11.3	9:44/M
14	Amy Maupin	Grabill	IN	35	404	30:25.1	9:49/M
15	Carmalita Chenart	Ft Wayne	IN	36	432	38:47.2	12:31/M

Overall Male Winners

<u>Place</u>	<u>Name</u>	<u>City</u>		<u>Age</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Mike Cole	Chesterton	IN	25	1	15:29.2	5:00/M
2	Eric Ade	Fort Wayne	IN	21	2	15:36.1	5:02/M
3	Bret Grover	Bluffton	IN	17	3	15:37.3	5:02/M

Men 12 & Under

<u>Place</u>	<u>Name</u>	<u>City</u>		<u>Age</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Kevin Copper	Garrett	IN	12	75	19:39.2	6:20/M
2	Randy Placencia	Garrett	IN	12	77	19:45.7	6:22/M
3	Sean McAvoy	Bluffton	IN	10	172	21:56.7	7:05/M
4	Dan Botteron	Ft Wayne	IN	12	228	23:20.3	7:32/M
5	Jaime Botteron	Fort Wayne	IN	12	235	23:48.2	7:41/M
6	Jeremy Milonas	Holmdel	NJ	10	387	29:24.9	9:29/M
7	Chris Gorman	Decatur	IN	9	429	37:24.3	12:04/M

Men 13 to 14

<u>Place</u>	<u>Name</u>	<u>City</u>		<u>Age</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Matt Ingalls	Columbia City	IN	14	38	18:32.5	5:59/M

2	Randy Graham	Ft Wayne	IN	14	79	19:48.1	6:23/M
3	Matt Mutton	Ft Wayne	IN	14	118	20:54.3	6:45/M
4	Philip Sundberg	Ft Wayne	IN	14	123	20:56.6	6:45/M
5	Joe Stoffel	Pierceton	IN	13	138	21:20.2	6:53/M
6	Dj Giumento	Ft Wayne	IN	13	160	21:47.4	7:02/M
7	Ross Schomburg	Ft Wayne	IN	14	210	22:52.5	7:23/M
8	Charles Bredemeyer	Roanoke	IN	14	276	24:45.0	7:59/M

Men 15

<u>Place</u>	<u>Name</u>	<u>City</u>		<u>Age</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Eric Nestel	Ft Wayne	IN	15	22	17:45.2	5:44/M
2	Andrew Ogle	Leo	IN	15	60	19:15.4	6:13/M
3	Robert Creighton	Ft Wayne	IN	15	67	19:26.9	6:16/M
4	Ross Green	Ft Wayne	IN	15	70	19:31.7	6:18/M
5	Adam Grover	Bluffton	IN	15	73	19:36.0	6:19/M
6	Steven Thieme	Decatur	IN	15	80	19:51.1	6:24/M
7	Alex Shane	Monroeville	IN	15	82	19:54.5	6:25/M
8	Chad Bennent	Garrett	IN	15	96	20:15.8	6:32/M
9	Chris Barr	Ft Wayne	IN	15	97	20:17.4	6:33/M
10	Jeff Bushey	Ft Wayne	IN	15	111	20:43.6	6:41/M
11	Justin Henderson	Ft Wayne	IN	15	137	21:19.8	6:53/M
12	Rex Reynolds	Keystone	IN	15	181	22:11.0	7:09/M
13	Matthew Toth	Ft Wayne	IN	15	186	22:15.5	7:11/M
14	Steve McBride	Ft Wayne	IN	15	205	22:44.2	7:20/M
15	Justin Barman	Ft Wayne	IN	15	257	24:20.5	7:51/M
16	Geoff Burns	Fort Wayne	IN	15	356	27:25.3	8:51/M

Men 16

<u>Place</u>	<u>Name</u>	<u>City</u>		<u>Age</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Chris Brown	Bluffton	IN	16	17	17:36.1	5:41/M
2	Adam Klopfenstein	New Haven	IN	16	20	17:40.3	5:42/M
3	Andrew O'Conner	Ft Wayne	IN	16	27	18:04.4	5:50/M
4	Andy Garcia	Ft Wayne	IN	16	56	19:10.5	6:11/M
5	Josh Farrell	Ft Wayne	IN	16	66	19:26.5	6:16/M
6	Alan Richardson	Ft Wayne	IN	16	88	20:04.0	6:28/M
7	Brad J Thomas	Ft Wayne	IN	16	121	20:55.8	6:45/M
8	Jeff Schoenle	Ft Wayne	IN	16	154	21:30.9	6:56/M
9	Kyle Snare	Ft Wayne	IN	16	155	21:35.7	6:58/M
10	Kyle Hockemeyer	New Haven	IN	16	167	21:53.7	7:04/M
11	Vince Green	Ft Wayne	IN	16	185	22:14.8	7:10/M

Men 17

<u>Place</u>	<u>Name</u>	<u>City</u>		<u>Age</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Jeremy Truelove	Ft Wayne	IN	17	14	17:26.7	5:37/M
2	Chris Leeuw	Fort Wayne	IN	17	16	17:31.7	5:39/M
3	Chester Bennett	Garrett	IN	17	29	18:06.7	5:50/M
4	Anthony Mauricio	Ft Wayne	IN	17	34	18:25.6	5:56/M
5	Cory Leas	Poneto	IN	17	42	18:36.6	6:00/M
6	Joe Chase	Ft Wayne	IN	17	71	19:33.1	6:18/M
7	Nathan Muth	Roanoke	IN	17	90	20:05.9	6:29/M
8	Drew Markley	Bluffton	IN	17	95	20:13.4	6:31/M
9	Gary Jefferies	Leo	IN	17	116	20:53.6	6:44/M
10	Richard Edwards	Craigville	IN	17	256	24:13.7	7:49/M

Men 18 to 19

<u>Place</u>	<u>Name</u>	<u>City</u>		<u>Age</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Casey Shafer	Bluffton	IN	19	5	15:54.3	5:08/M
2	Michael Johnson	Muncie	IN	19	7	16:26.1	5:18/M
3	Jesus R Trevino	Ft Wayne	IN	18	23	17:45.5	5:44/M
4	Gerry Van Horn	Fort Wayne	IN	19	31	18:14.3	5:53/M
5	Scott Lefforge	Bluffton	IN	19	41	18:34.9	5:59/M
6	Kevin Hotopp	Bluffton	IN	19	47	18:55.6	6:06/M
7	Chris Beebe	Ft Wayne	IN	19	48	19:02.0	6:08/M
8	Evan Smith	Ft Wayne	IN	18	53	19:07.3	6:10/M

9	Jeremy Lung	Garrett IN	19	58	19:14.2	6:12/M
10	Anthony Stafford	Ft Wayne IN	19	81	19:52.6	6:25/M
11	Stuart Neil	Fort Wayne IN	19	102	20:27.4	6:36/M
12	Brian Lantz	Rockford OH	18	112	20:45.2	6:42/M
13	Scott Meyer	New Haven IN	18	134	21:18.6	6:52/M
14	Chris Leas	Poneto IN	19	142	21:23.3	6:54/M
15	Mark Kelwaski	Craigville IN	18	211	22:56.6	7:24/M
16	Greg Neil	Ft Wayne IN	18	253	24:09.4	7:47/M
17	Matthew Mossburg	Fort Wayne IN	19	279	24:48.5	8:00/M

Men 20 to 24

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Michael Ofsansky	Muncie IN	21	4	15:44.1	5:05/M
2	Terry Goodspeed Jr	Ft Wayne IN	20	8	16:39.1	5:22/M
3	Nolan Richhart	Woodburn IN	20	9	16:43.3	5:24/M
4	Joe Yarbrough	East Lansing MI	20	30	18:11.6	5:52/M
5	Todd Hockemeyer	New Haven IN	20	39	18:33.1	5:59/M
6	David Anthony	Ft Wayne IN	20	63	19:21.3	6:15/M
7	Paul Eshelman	Leo IN	21	72	19:35.0	6:19/M
8	Steven Minnich	Ft Wayne IN	23	113	20:47.8	6:42/M
9	Chris Lowden	Ft Wayne IN	21	132	21:16.6	6:52/M
10	Daniel Fessel	Paulding OH	23	168	21:54.0	7:04/M
11	Jon Eller	Evanston IL	22	178	22:06.7	7:08/M
12	Matt Hibiske	Ft Wayne IN	23	240	23:56.5	7:43/M
13	Jeremy Vance	Indianapolis IN	24	342	26:42.3	8:37/M

Men 25 to 29

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Doug Showley	Kendallville IN	25	10	16:53.2	5:27/M
2	Douglas Schwartz	Monroe IN	28	12	17:03.7	5:30/M
3	Brad A Thomas	Ft Wayne IN	25	13	17:13.6	5:33/M
4	Jon Uecker	Ft Wayne IN	27	25	17:58.8	5:48/M
5	Mark A Mays	Ft Wayne IN	27	28	18:04.7	5:50/M
6	Elmer Hall	Fort Wayne IN	28	54	19:08.1	6:10/M
7	Chris Adang	Ft Wayne IN	25	57	19:11.7	6:11/M
8	Chris Dunmire	Fort Wayne IN	26	83	19:55.8	6:25/M
9	Julio Estevez	Bluffton IN	29	84	19:57.6	6:26/M
10	Landis Becruett		29	86	20:00.3	6:27/M
11	Jason Matteson	Ft Wayne IN	28	98	20:22.0	6:34/M
12	Richard Skaggs	Ft Wayne IN	26	107	20:35.4	6:38/M
13	Darrell Lawton	Ft Wayne IN	28	135	21:19.1	6:53/M
14	Doug Patrick	Monroeville IN	25	139	21:20.6	6:53/M
15	Jason Houser	Ft Wayne IN	25	149	21:28.5	6:55/M
16	Jason O'Connell	Ft Wayne IN	29	173	21:58.3	7:05/M
17	Tim First	Ft Wayne IN	28	223	23:10.7	7:28/M
18	Ryan Goldacker	Ft Wayne IN	28	245	24:03.3	7:45/M
19	Jerry Kissner	Leo IN	29	280	24:49.0	8:00/M
20	Mark Fackson	Mishawaka IN	26	295	25:13.7	8:08/M
21	Chris Poppele	Antwerp OH	28	321	26:03.9	8:24/M

Men 30 to 34

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Robert Minnich, Jr	Ft Wayne IN	33	24	17:45.9	5:44/M
2	Antonio Estevez	Bluffton IN	34	26	18:01.2	5:49/M
3	Bill Rooney	Ft Wayne IN	34	93	20:10.8	6:30/M
4	Kurt Magnus	Rocky Mtn House AB	33	119	20:54.7	6:45/M
5	Martin J Cisna	Ft Wayne IN	33	126	20:58.3	6:46/M
6	Todd Ruppert	Ft Wayne IN	30	202	22:41.2	7:19/M
7	Mike Walker	Ft Wayne IN	31	216	23:04.0	7:26/M
8	Rick Auer	Ft Wayne IN	33	236	23:49.2	7:41/M
9	Tim Eckman	Ft Wayne IN	34	247	24:04.3	7:46/M
10	Matt Arend	Hicksville OH	32	248	24:05.6	7:46/M
11	Shayne Rollins	Ft Wayne IN	30	250	24:07.2	7:47/M
12	Jeff Etchey	Hicksville OH	34	260	24:25.2	7:53/M
13	Rod Rodenbeck	Ft Wayne IN	31	271	24:36.6	7:56/M
14	John Price	Ft Wayne IN	34	278	24:47.9	8:00/M

15	James Cox	Fort Wayne IN	30	296	25:14.3	8:08/M
16	Mark Carrico	Ft Wayne IN	30	299	25:19.3	8:10/M
17	Roger Finderson	Auburn IN	32	309	25:36.7	8:15/M
18	Don Harvey	Garrett IN	32	326	26:17.5	8:29/M
19	Mark Christian	Huntertown IN	31	341	26:40.0	8:36/M
20	Douglas Preston	Ft Wayne IN	34	343	26:43.3	8:37/M
21	Brian Bartlett	Ft Wayne IN	32	358	27:29.1	8:52/M
22	Scott Smith	Ft Wayne IN	31	359	27:31.2	8:53/M
23	John Hill	Fort Wayne IN	33	368	28:18.8	9:08/M
24	Matteuw Deckard	Ft Wayne IN	33	390	29:35.3	9:33/M

Men 35 to 39

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	John Schnieders	Decatur IN	36	11	16:54.0	5:27/M
2	Dan Biehl	Ft Wayne IN	37	32	18:16.8	5:54/M
3	David Swenson	New Haven IN	37	33	18:24.0	5:56/M
4	Thomas Bussen	Leo IN	38	35	18:26.0	5:57/M
5	Mark Herndon	Ft Wayne IN	37	50	19:04.3	6:09/M
6	Jeffrey Rowe	Garrett IN	39	52	19:06.3	6:10/M
7	Robert Novak	Ft Wayne IN	36	55	19:10.0	6:11/M
8	Ted Scholten	Ft Wayne IN	37	69	19:29.5	6:17/M
9	Patrick O'Beirne	Angola IN	36	87	20:03.0	6:28/M
10	Tim Traycoff	Fishers IN	37	91	20:07.8	6:29/M
11	John Houser	Ft Wayne IN	38	104	20:29.7	6:36/M
12	Steve Rhoades	Avilla IN	39	108	20:37.4	6:39/M
13	Jeff Reese	Ft Wayne IN	35	124	20:57.0	6:45/M
14	Scott Cooper	Garrett IN	39	140	21:20.9	6:53/M
15	Jeff Metzger	Ft Wayne IN	39	145	21:26.7	6:55/M
16	Todd Stearns	Ft Wayne IN	38	165	21:52.9	7:03/M
17	Rashad Qadir	New Haven IN	36	229	23:31.4	7:35/M
18	Ronald Eichel	Leo IN	37	230	23:35.1	7:36/M
19	Peter Wilson	Ft Wayne IN	38	233	23:36.7	7:37/M
20	Todd Zonker	Auburn IN	37	254	24:09.9	7:47/M
21	Steven Cavellier	Middletown OH	39	255	24:11.2	7:48/M
22	David Karnes	Ft Wayne IN	35	287	24:56.2	8:03/M
23	Tim Bentington	Canton OH	36	303	25:25.1	8:12/M
24	Tom Habig	Ft Wayne IN	39	315	25:49.9	8:20/M
25	William Terry	Ft Wayne IN	37	324	26:15.5	8:28/M
26	David Stevens	Ft Wayne IN	37	327	26:17.9	8:29/M
27	Tom Morrical	Grabill IN	37	334	26:26.3	8:32/M
28	Thomas Maupin	Grabill IN	36	353	27:15.3	8:47/M
29	Thomas Cleveland	Ft Wayne IN	38	357	27:26.4	8:51/M
30	Joe Beier	Ft Wayne IN	35	364	28:00.1	9:02/M
31	Abigail Newlin	Ft Wayne IN	37	365	28:00.4	9:02/M
32	Tim Newlin	Ft Wayne IN	37	366	28:04.6	9:03/M
33	David Volk	Bryan OH	36	372	28:33.7	9:13/M
34	Kent Maggard	Ft Wayne IN	36	375	28:41.8	9:15/M
35	Thomas Schall	Ft Wayne IN	39	403	30:19.1	9:47/M
36	Larry Jones	Ft Wayne IN	38	422	33:32.3	10:49/M
37	Todd Roth	Ft Wayne IN	36	425	34:41.6	11:11/M

Masters Category

Overall Female Winners

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Katie Creighton	Ft Wayne IN	41	151	21:29.3	6:56/M
2	Sue Fowler- Finn	Ft Wayne IN	46	158	21:41.4	7:00/M

Women 40 to 44

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Connie Coonan	Lindenhurst IL	43	218	23:06.3	7:27/M
2	Tamara Wright	Ft Wayne IN	41	249	24:06.7	7:46/M

3	Jennifer Rettig	Ft Wayne	IN	41	267	24:33.2	7:55/M
4	Robin D Bitting	Ft Wayne	IN	43	313	25:48.6	8:19/M
5	Kay Cozad	Ft Wayne	IN	43	336	26:33.1	8:34/M
6	Melissa Glaze	Roanoke	IN	40	378	28:54.6	9:19/M
7	Diane Post	Ft Wayne	IN	43	393	29:42.5	9:35/M
8	Kim Markey	Ft Wayne	IN	41	399	30:03.5	9:42/M
9	Renee Fenstermaker	Ft Wayne	IN	42	406	30:33.2	9:51/M
10	Lauren Wengler	Ft Wayne	IN	40	410	31:18.4	10:06/M
11	Betty Laughlin	Ft Wayne	IN	41	414	32:14.9	10:24/M
12	Diane Thomson	Fort Wayne	IN	42	417	32:22.4	10:26/M
13	Sherri Leykauf	Ft Wayne	IN	43	419	32:36.5	10:31/M

Women 45 to 49

<u>Place</u>	<u>Name</u>	<u>City</u>		<u>Age</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Kathy Swenson	Ft Wayne	IN	47	282	24:52.2	8:01/M
2	Duretta Yoquelet	Argos	IN	47	288	24:56.6	8:03/M
3	Vickie Hughes	Lima	OH	48	302	25:24.9	8:12/M
4	Barb Lochner	N.manchester	IN	48	400	30:07.1	9:43/M
5	Mary Henderson	Ft Wayne	IN	49	402	30:12.1	9:45/M
6	Nancy Boyer	Ft Wayne	IN	49	418	32:25.0	10:27/M
7	Regina Blanchette	Ft Wayne	IN	45	428	36:33.2	11:47/M

Women 50 to 54

<u>Place</u>	<u>Name</u>	<u>City</u>		<u>Age</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Marsha Schmidt	Ft Wayne	IN	54	311	25:40.4	8:17/M
2	Patricia Trapp	Ft Wayne	IN	50	381	28:56.7	9:20/M

Women 55 to 59

<u>Place</u>	<u>Name</u>	<u>City</u>		<u>Age</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Sarah Kleinknight	Ft Wayne	IN	57	407	31:00.2	10:00/M

Overall Male Winners

<u>Place</u>	<u>Name</u>	<u>City</u>		<u>Age</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Jerry Williams Jr.	Ft Wayne	IN	40	6	16:16.5	5:15/M
2	Doug Sundling	Bluffton	IN	45	15	17:27.7	5:38/M

Men 40 to 44

<u>Place</u>	<u>Name</u>	<u>City</u>		<u>Age</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Jay Prichard	Van Wert	OH	42	19	17:39.8	5:42/M
2	Kim A Lefever	Columbia City	IN	44	40	18:34.5	5:59/M
3	Leon Williams	Ft Wayne	IN	40	44	18:44.2	6:03/M
4	Mike Stone	Ft Wayne	IN	40	51	19:05.3	6:09/M
5	David J Smith	Tappahannock	VA	43	61	19:17.3	6:13/M
6	James E Bushey	Ft Wayne	IN	42	68	19:29.0	6:17/M
7	Kenneth King	Ft Wayne	IN	42	76	19:45.5	6:22/M
8	Daniel Nestel	Ft Wayne	IN	41	85	19:59.1	6:27/M
9	Rick L Gilbert	Monroeville	IN	43	89	20:04.8	6:28/M
10	Jamshid Nazari	Ft Wayne	IN	40	101	20:26.9	6:35/M
11	Tom Landis	Churubusco	IN	44	110	20:40.3	6:40/M
12	Kevin Lochner	N.manchester	IN	44	115	20:51.0	6:44/M
13	Ben Rettig	Ft Wayne	IN	40	117	20:54.0	6:45/M
14	David Lowe	Columbia City	IN	41	130	21:14.8	6:51/M
15	Steve Ross	Ft Wayne	IN	42	133	21:17.2	6:52/M
16	Jeffery Davis	Ft Wayne	IN	44	161	21:49.4	7:02/M
17	Greg Friend	Ft Wayne	IN	44	169	21:54.6	7:04/M
18	Chuck Brown	Bluffton	IN	44	174	21:58.8	7:05/M
19	Mitch V Harper	Ft Wayne	IN	44	180	22:09.4	7:09/M
20	Chuck Zumbrun	Ft Wayne	IN	42	182	22:11.3	7:09/M
21	Artie Jackson	Ft Wayne	IN	40	184	22:14.1	7:10/M
22	John Bennett	Garrett	IN	44	194	22:24.8	7:14/M
23	Geogg Hyman	Payne	OH	44	195	22:27.0	7:15/M
24	Craig Bobay	Ft Wayne	IN	43	196	22:29.4	7:15/M

25	Steve Andrews	Ft Wayne	IN	41	197	22:30.5	7:15/M
26	Michael Variell	Middlepoint	OH	43	207	22:47.6	7:21/M
27	Paul Shaffer	Decatur	IN	42	212	22:57.6	7:24/M
28	Dean Whitman	Ft Wayne	IN	42	215	23:01.6	7:25/M
29	Scott Glaze	Roanoke	IN	42	217	23:04.8	7:26/M
30	Gary L Bird	Columbia City	IN	42	220	23:07.9	7:27/M
31	James S Beeson	Ft Wayne	IN	44	225	23:17.6	7:31/M
32	Randy Hammond	Leo	IN	44	231	23:35.4	7:36/M
33	Michael Difilippantonio	Fort Wayne	IN	44	232	23:35.8	7:36/M
34	Toby Jo Hullinger	Monroeville	IN	41	251	24:08.5	7:47/M
35	Jim D Stamper	Huntington	IN	44	259	24:23.9	7:52/M
36	Quinn Farver	Ft Wayne	IN	40	261	24:25.5	7:53/M
37	Richard Yergens	Ft Wayne	IN	42	262	24:26.5	7:53/M
38	Ron Matheis	Ft Wayne	IN	42	269	24:34.9	7:55/M
39	Tim Morrical	Ft Wayne	IN	41	285	24:55.3	8:02/M
40	Dennis Klopfenstein	New Haven	IN	43	301	25:23.3	8:11/M
41	Mark Weinert	Ft Wayne	IN	40	308	25:36.4	8:15/M
42	Steven E Ludwiski	Ft Wayne	IN	43	310	25:37.9	8:16/M
43	Mark Thoma	Ft Wayne	IN	41	335	26:29.2	8:33/M
44	David Gladding Vaw De	Ft Wayne	IN	42	351	27:10.7	8:46/M
45	Tom Allen	Ft Wayne	IN	41	373	28:40.6	9:15/M
46	Braun Stout	Ft Wayne	IN	40	382	29:00.0	9:21/M
47	Rick Evans	Ft Wayne	IN	40	413	32:13.2	10:24/M
48	Steve Koch	Leo	IN	42	433	40:41.6	13:07/M

Men 45 to 49

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>	
1	Daniel Green	Ft Wayne	IN	45	18	17:37.8	5:41/M
2	Roger L Wilson	Ft Wayne	IN	46	21	17:42.0	5:43/M
3	Neil Tate	N.manchester	IN	48	36	18:27.9	5:57/M
4	Brett Hess	N. Manchester	IN	48	37	18:28.9	5:57/M
5	Michael Grimes	Defiance	OH	49	46	18:52.5	6:05/M
6	Jed Pearson	Columbia City	IN	49	49	19:02.6	6:08/M
7	Fred Stoffel	Larwill	IN	49	103	20:29.3	6:36/M
8	Thomas J Felts	Ft Wayne	IN	45	109	20:38.3	6:39/M
9	John David McPherson	Ft Wayne	IN	47	129	21:10.0	6:50/M
10	Sam Horner	Ft Wayne	IN	46	162	21:50.2	7:03/M
11	Fred Hannan, Jr.	Ft Wayne	IN	46	164	21:52.4	7:03/M
12	Brian Gilford	Harlan	IN	48	171	21:56.2	7:05/M
13	Gary Walker	Mountain Top	PA	47	175	21:59.6	7:05/M
14	Tim Ogle	Leo	IN	46	177	22:05.9	7:07/M
15	Michael Flora	Ft Wayne	IN	46	204	22:43.8	7:20/M
16	Paul Ausderan	Ft Wayne	IN	46	208	22:48.2	7:21/M
17	Robert Snow	Ft Wayne	IN	48	219	23:07.1	7:27/M
18	David Corner	Ft Wayne	IN	47	224	23:11.1	7:29/M
19	Scott Miller	Ft Wayne	IN	47	237	23:50.1	7:41/M
20	Joseph Nayarkas	Ft Wayne	IN	46	238	23:52.7	7:42/M
21	Greg Hermes	Ft Wayne	IN	47	264	24:27.7	7:53/M
22	Frank Goodin	Ft Wayne	IN	45	286	24:55.8	8:02/M
23	Hal Atkinson	Huntertown	IN	45	290	25:03.0	8:05/M
24	Tom Fuelling	Ft Wayne	IN	49	292	25:05.0	8:05/M
25	Thomas Boyer	Ft Wayne	IN	45	298	25:18.5	8:10/M
26	Chris Shoot	Fort Wayne	IN	47	307	25:31.5	8:14/M
27	Dean Russ	Ft Wayne	IN	46	330	26:19.4	8:29/M
28	Dennis Coonan	Lindenhurst	IL	45	347	26:53.5	8:40/M
29	Lynn T Bobay	Columbia City	IN	49	352	27:11.8	8:46/M
30	Joe Kohnen	Ft Wayne	IN	45	367	28:07.9	9:04/M
31	Tom Ewing	Ft Wayne	IN	49	369	28:21.8	9:09/M
32	Terry Goodspeed	Ft Wayne	IN	48	379	28:55.1	9:20/M
33	Rick Hilker	Ft Wayne	IN	45	380	28:56.2	9:20/M
34	Ken Post	Fort Wayne	IN	46	391	29:37.7	9:33/M

Men 50 to 54

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>	
1	Michael Barman	Ft Wayne	IN	50	65	19:26.0	6:16/M
2	Dick Shenfeld	Ft Wayne	IN	53	106	20:33.1	6:38/M
3	Ty Murphy	Columbia City	IN	51	136	21:19.4	6:53/M
4	Jim Pickett	Waterloo	IN	50	176	22:03.4	7:07/M

5	Mike Lewis	Auburn IN	52	183	22:13.5	7:10/M
6	Gary McFarren	Keystone IN	50	198	22:32.5	7:16/M
7	Ben Christy	Ft Wayne IN	54	242	23:59.6	7:44/M
8	Dale Stanwitz	Ft Wayne IN	54	263	24:27.4	7:53/M
9	Gerald Thompson	Ft Wayne IN	53	284	24:53.1	8:02/M
10	Joe Moore	Ft Wayne IN	54	325	26:16.0	8:28/M
11	Timothy Hogan	Ft Wayne IN	50	328	26:18.2	8:29/M
12	James H Wright	Ft Wayne IN	53	337	26:34.9	8:34/M
13	Rick Sherman	Ft Wayne IN	52	344	26:45.8	8:38/M
14	Tom Agness	Ft Wayne IN	54	350	27:09.6	8:45/M
15	Ken Silkworth	Fort Wayne IN	53	354	27:16.2	8:48/M
16	Herb Hernandez	Ft Wayne IN	52	361	27:32.6	8:53/M
17	Larry Piano	Ft Wayne IN	52	371	28:30.2	9:12/M
18	Jim Deitle	Ft Wayne IN	53	389	29:31.5	9:31/M
19	Robert Kellogg	Ft Wayne IN	53	392	29:39.8	9:34/M
20	Matt Henderson	Ft Wayne IN	53	395	29:49.3	9:37/M

Men 55 to 59

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Dewain Cobbs	Warsaw IN	57	122	20:56.2	6:45/M
2	William A Crane	Warsaw IN	57	127	20:59.0	6:46/M
3	David E Boylan	Ft Wayne IN	57	141	21:22.8	6:54/M
4	Bernie Burgette	Ft Wayne IN	56	146	21:27.1	6:55/M
5	John Brier	Ft Wayne IN	55	306	25:31.1	8:14/M

Men 60 to 64

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Freeman Hershberger	Goshen IN	62	153	21:30.2	6:56/M
2	Tom Felger	Ft Wayne IN	60	157	21:40.8	6:59/M
3	Joe Ziegler	New Haven IN	64	201	22:40.6	7:19/M
4	Jack Morris	Ft Wayne IN	62	241	23:58.0	7:44/M
5	Bud Stiffler	Anderson IN	62	266	24:32.0	7:55/M
6	Dick Harnly	Ft Wayne IN	62	345	26:47.8	8:38/M
7	Dick Sive	Ft Wayne IN	64	355	27:21.5	8:49/M

Men 65 to 69

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Bill Schmidt	Ft Wayne IN	65	163	21:52.0	7:03/M
2	Bernie Huesing	Ft Wayne IN	67	258	24:23.4	7:52/M
3	Robert C Loomis	Monroeville IN	67	270	24:35.5	7:56/M
4	Ron O'Beirne	Port St Lucie FL	65	293	25:06.3	8:06/M
5	Robert Hall	Ft Wayne IN	68	339	26:39.0	8:36/M
6	Philip Wahls	Ft Wayne IN	69	405	30:32.0	9:51/M

Men 70 and over

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Don Anderson	Ft Wayne IN	73	227	23:19.1	7:31/M
2	Kenneth E Disler	Ft Wayne IN	77	430	37:52.0	12:13/M

Software: The Race Director, Race Management Systems, racedirect@aol.com

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Please notify Don Lindley either by email, phone, or post office when you move or change your address. The post office will not forward bulk mail, the Inside Track, or forward first class mail when they notify the post office change of address. It is costing the FWTC additional postage and cost for printing extras when newsletters have to be mailed again and the RRCA's FOOT-NOTES quarterly newsletter, when address is incorrect.

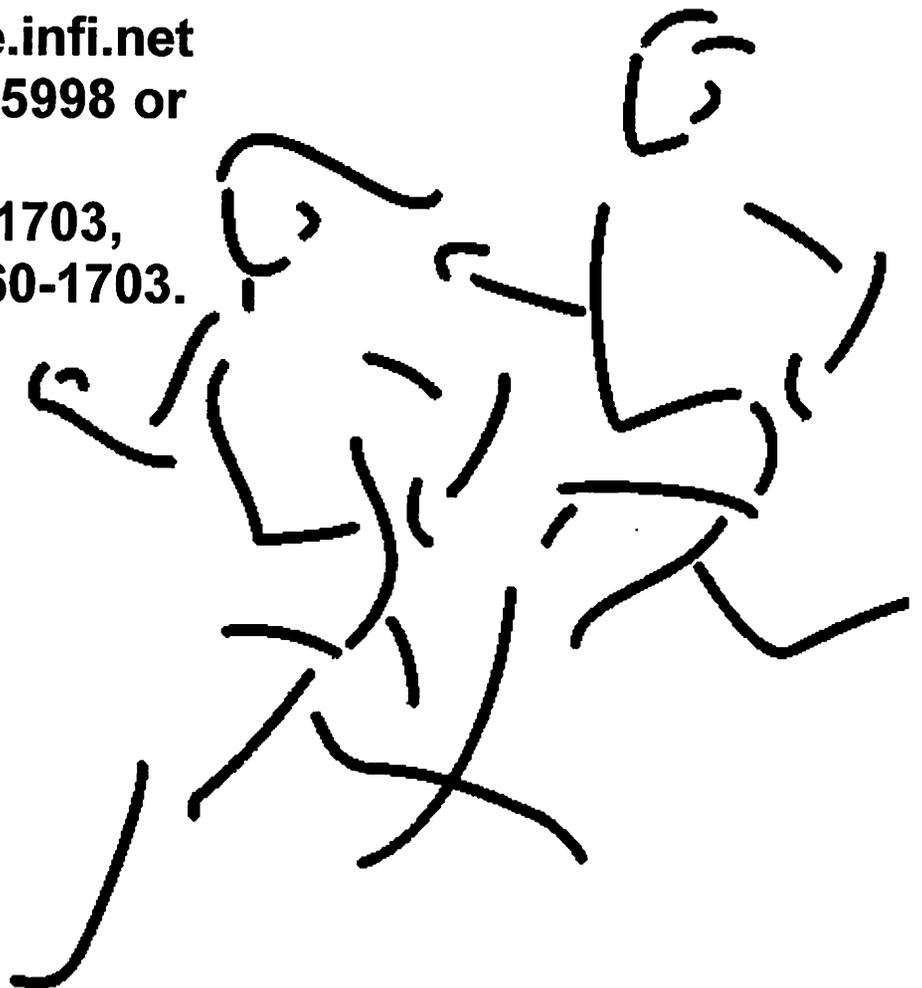
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lindleyd@fortwayne.infi.net

**telephone: 219-432-5998 or
219-436-2234**

**or FWTC, PO Box 11703,
Fort Wayne, IN 46860-1703.**

Thanks!



2000 Fort Wayne Track Club Points Standings
Complete as of July 8, 2000

Points >>

1 Fanny Freezer	5 K	12 Harlan Days	10 K	1st	100
2 Nutri Runs	20 K	13 Hot Air Affair	4 M	2nd	85
3 Mastadon Stomp	5 K	14 Van Buren Popcorn	5 K	3rd	75
4 Shoe Sucker 7	7 M	15 Summer Nights	5 K	4th	65
5 Arts Fest 8K	8 K	16 Parlor City Trot	13 M	5th	55
6 FtW Mile Championship	1 M	17 Food Bank	5 K	6th	45
7 River City Rat Race	10 K	18 Zoom-Thru-Zulu	10 K	7th	35
8 Hoosier Marathon	26 M	19 Callithumpian	5 K (XC)	8th	25
9 Old Settlers Days	4 M	20 Turkey Trot	5 K (XC)	9th	15
10 Run Wild Zoo Run	4 M	21 JP Jones Just Plain 10K	10 K	10th	5
11 Parade Race	5 K				

RACE MONTH																									
RACE DATE																									
DISTANCE		Total	No	FEB 12th	MAR 25th	APR 1st	APR 22nd	APR 29th	MAY 6th	MAY 27th	JUN 10th	JUN 23	JUL 4th	JUL 8th	AUG 5th	AUG 12th	AUG 19th	SEP 2th	SEP 23rd	OCT 1st	OCT 8th	OCT 29th	NOV 16th	DEC 2nd	
RACE NO.		Points	Races	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	

Race Completed

* * * * *

Men 19 and Under >>

1 Eric Nestel	385	4							100		85	100	100												
2 Sam Bird	225	3	85						75		65														
3 Joe Suelzer	175	2	100								75														
4 Brent Emerick	100	1									100														
5 Paul Imbody	100	1			100																				
6 Andy O'Conner	85	1											85												
7 Chris Miller	85	1							85																
8 Jeff Bushey	85	1													85										

Men 20 - 24 >>

1 Mike Cole	Tot	#R	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21
	400	4		100	100							100	100										

Men 25 - 29 >>

1 Brad Thomas	Tot	#R	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21
	755	8	85	85	100	100	100		100			85	100										
2 Chris Dunmire	555	6	75		75	75			65	200			65										
3 Chris Adang	450	6			65	85	75		75			75	75										
4 Rod Obregon	285	3		100			85	100															
5 Jon Uecker	255	3			85				85					85									
6 Jeremy Schmidt	200	2	100									100											
7 Tim First	130	2		75										55									
8 Jeff Switzer	130	2	65										65										

Men 30 - 34 >>

1 Bob Minnich	Tot	#R	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21
	855	9		85	85	85		65	85	200	75	75	100										
2 Michael Fruchey	670	7	85		100		85	100	100			100	100										
3 Ron Sharp	400	4	100	100		100	100																
4 Mike Schoudel	375	5				75		75	55		85	85											
5 Bob Ehereman	215	3	75						75		65												
6 Jim Platt	175	3	45	65									65										
7 Paul Furniss	130	2		75				55															
8 Joel Brecount	120	2		55					65														
9 Martin Cisna	85	1											85										
10 Brian Shepard	85	1						85															
11 Scott Smith	75	1											75										
12 Clint Walter	75	1					75																
13 Keith Walter	65	1	65																				
14 Mike Engler	55	1									55												
15 Mark Walter	55	1	55																				

RACE MONTH		FEB	MAR	APR	APR	APR	MAY	MAY	JUN	JUN	JUL	JUL	AUG	AUG	AUG	SEP	SEP	OCT	OCT	OCT	NOV	DEC	
RACE DATE		12th	25th	1st	22nd	29th	6th	27th	10th	23rd	4th	8th	5th	5th	12th	2th	23rd	1st	8th	29th	15th	2nd	
DISTANCE	Total	No	5K	20K	5K	7M	8K	1M	10K	25.2M	4M	4M	5K	10K	4M	6K	5K	5K	5K	10K	5K	10K	10K
RACE NO.	Points	Races	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21

Race Completed

Men 35 - 39 >>

1 Sam Stephens	870	9	100	85	100	100	100	85	100		100	100											
2 David Swenson	570	7	85	75		85			75		85	65	100										
3 Jeff Metzger	445	6		25		65			45	200		45	65										
4 Robert Novak	430	6	65	65	85				65			75	75										
5 Rocky(Jeff) Rowe	375	5	55			75						75	85	85									
6 Mike Henry	275	3	75	100				100															
7 Ward Moya	130	2	45				85																
8 Dan Cummiskey	110	2		55					55														
9 Eric White	85	1							85														
10 Tony Lehman	75	1			75																		
11 Jim Berghoff	75	3	15			55			5														
12 Gary Selking	65	1									65												
13 Jim Boughner	60	2	25						35														
14 Steve McMahon	50	2							15			35											
15 E Hans Schmidt	45	1		45																			
16 Thomas Kline	35	1	35																				
17 Scott Wagner	35	1		35																			
18 Anthony Lehman	25	1							25														
19 Terry Teegardin	15	1		15																			
20 Mark Weihert	5	1	5																				

Men 40 - 44 >>

	Tot	#R	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21
1 Paul Shaffer	555	7	85		85	85		85	75		75		65										
2 Kim Lefever	540	7	65	75		100			85		85	45	85										
3 Doug Sundling	485	4		100						200		85	100										
4 Mike Stone	435	5	75	85			100		100				75										
5 Dan Nestle	305	5		65					65		65	65	45										
6 Tom Landis	240	6	55		35			75	15		45		15										
7 Tim O'Connell	200	2	100									100											
8 Carl Risch	200	2			100			100															
9 J. David Reimschisel, Jr.	195	2		25						170													
10 Jeff Milleman	190	4		55	65				45			25											
11 Mark Brattoli	185	5	45	35	45						55	5											
12 Rick Gilbert	175	5	15			75			35			15	35										
13 Mike Beard	150	2		0						150													
14 Mitch Harper	120	5	25	0		55					35		5										
15 Jim Bushey	110	2										55	55										
16 Kevin Lochner	100	3		45					55			0											
17 Jim Stamper	100	2									100	0											
18 Jeff Davis	85	1					85																
19 Jamshid Nazari	85	3							25			35	25										
20 Terry Diller	75	1										75											
21 Ron Zartman	75	3	5	5		65																	
22 James Beeson	75	2						75				0											
23 Donn Knight	75	1			75																		
24 Toby Jo Hullinger	70	6	0				55	0		15	0	0											
25 David Graney	65	2					65	0															
26 Bob Gault	55	1			55																		
27 Craig Bobay	50	4	0			45			5			0											
28 Chuck Zumbun	50	3	35		15				0														
29 Jon Schlatter	35	1				35																	
30 Rich Gilbert	25	1			25																		
31 Mike McClaskey	25	1				25																	
32 Doug McKinzie	25	2	0								25												
33 Kevin Truelove	20	3			5	15						0											
34 Mark O'Shaughnessy	15	1		15																			
35 Richard Eddie	5	1				5																	
36 Gary Bird	5	5		0					0		5	0	0										
37 Scott Glaze	0	2	0										0										
38 Peter Gerken	0	1										0											
39 Mark Weinert	0	2							0				0										
40 John Link	0	2	0	0																			
41 James Beeson	0	2		0					0														
42 Dean Whitman	0	4							0		0	0	0										

43 Craig Bobay 0 2 0 0

RACE MONTH		FEB	MAR	APR	APR	MAY	MAY	JUN	JUN	JUL	JUL	AUG	AUG	AUG	SEP	SEP	OCT	OCT	OCT	NOV	DEC	
RACE DATE		1st	2nd	1st	2nd	1st	2nd	1st	2nd	1st	2nd	1st	2nd	1st	2nd	1st	2nd	1st	2nd	1st	2nd	
DISTANCE		5K	10K	5K	7M	5K	1M	10K	24.2M	4M	4M	5K	10K	4M	5K	5K	5K	10K	5K	10K	10K	
RACE NO.		1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21

Race Completed * * * * * * * * * * * * *

Men 40 - 44 Continued >>

44 Stephen Hilker	0	2		0								0										
45 Steve Ludwiski	0	1						0														
46 Vern Cedar	0	1						0														
47 Rick Evans	0	1																				0

Men 45 - 49 >>

	Tot	#R	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21
1 John David McPherson	790	11	55	25	55	65	55	85	65	200	55	75	55										
2 Roger Wilson	765	8		65	100	100	100		100		100	100	100										
3 Jed Pearson	645	8	75	75	85	75		100	85		65		85										
4 Fred Hannan, Jr.	355	6	45		35		65		35	130			45										
5 Robert Snow	330	5		35					55	170		45	25										
6 Fred Stoffel	280	4	65			55	85						75										
7 Lynn Bobay	275	9	25	0	15	35	45	75			55	25	0										
8 Hal Pearson	260	3	100			85					75												
9 Phil Suelzer	255	3	85	85							85												
10 Joseph Nayarkas	190	4		0				5	150			35											
11 Thomas Felts	180	4		15					45			55	65										
12 Donn Nichols	140	2									55	85											
13 Todd Seimen	120	2		45					75														
14 Vincent Garcia	100	1		100																			
15 Phil Rizzo	75	1			75																		
16 Doug Lehman	75	5	5		5	25	35					5											
17 Don Kramer	75	1					75																
18 John Treleaven	65	1										65											
19 David Weikel	65	1				65																	
20 Tom Fuelling	55	4	15		25							15	0										
21 Don Ransome	55	1			55																		
22 Joe Reddoch	45	1				45																	
23 Jerry Diehl	45	1					45																
24 Scott Miller	40	2							25				15										
25 Paul Ausderan	35	1											35										
26 Mark Gia Quinta	35	1	35																				
27 Harry Quandt	15	1							15														
28 Tim Bolin	5	1			5																		
29 Hal Atkinson	5	1											5										
30 Thomas Boyer	0	1											0										
31 Robbin Bitting	0	1										0											
32 Lonnie Braun	0	1			0																		
33 Jeff Braman	0	1							0														
34 Gregory Fahl	0	1			0																		
35 Donald Decook	0	1			0																		
36 Dean Russ	0	1											0										
37 Alan Bradley	0	1							0														

Men 50 - 54 >>

	Tot	#R	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21
1 Ty Murphy	890	9	85	75	85	85		100	85	200	100		75										
2 Jim Pickett	585	8	55	65	75		100		75		85	65	65										
3 Mervin Koehlinger	470	5	100		100		85		100			85											
4 Rich Stephenson	240	4	35				75				75	55											
5 Art Obregon	240	3	65	100				75															
6 Mike Barman	235	4	25			55			55				100										
7 Dick Shenfeld	170	2						85					85										
8 Greg Purcell	130	2	45	85																			
9 Ken Silkworth	115	3					65		15				35										
10 James Miller	100	1				100																	
11 Don Ford	100	1										100											
12 Jim Wright	90	2										45	45										
13 Vernon Troyer	75	1				75																	
14 Gary Dexheimer	75	1	75																				
15 Don Ransome	75	1										75											
16 Reg Johnson	70	2				35						35											
17 John Peterson	65	1							65														

Women 35 - 39 >>		Tot	#R	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21
1	Caroline Runyan	745	9	85	65	100	85	100		75		85	65	85										
2	Linda Gorman	585	6		85		100		100	100		100	100											
3	Diana Schowe	505	6			55	65	85		55	200		45											
4	Betty Greider	335	5		45	85		75	85	45														
5	Robbin Mauger	325	4	100	75		75					75												
6	Lorraine Fox	260	4	75						65		65	55											
7	Shelly Robinson	185	2										85	100										
8	Keren Gerken	160	2							85			75											
9	Jill Ash	120	2			75	45																	
10	Jill Decamp	65	1	65																				
11	Laurie Whisler	55	1				55																	
12	Mary Sheffer	35	1										35											
13	Beth Skinner	10	1		10																			

RACE MONTH				FEB	MAR	APR	APR	APR	MAY	MAY	JUN	JUN	JUL	JUL	AUG	AUG	AUG	SEP	SEP	OCT	OCT	OCT	NOV	DEC
RACE DATE				12th	25th	1st	22nd	29th	4th	27th	10th	23	4th	8th	5th	5th	12th	2th	23rd	1st	8th	29th	18th	2nd
DISTANCE		Total	No	5K	20K	5K	7M	8K	1M	10K	26.2M	4M	4M	5K	10K	4M	5K	5K	5K	5K	10K	5K	10K	10K
RACE NO.		Points	Races	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21

Race Completed * * * * *

Women 40 - 44 >>		Tot	#R	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21
1	Diane Post	675	8	85		85		75		65	170	85	45	65										
2	Tamara Wright	430	5					85		85		100	75	85										
3	Judy Tillapaugh	285	3		85		100						100											
4	Terri Gross	275	2							75	200													
5	Katie Creighton	200	2							100				100										
6	Julie Stuckey	200	2			100		100																
7	Kim Markey	110	2										55	55										
8	Melissa Glaze	100	1	100																				
9	Judy White	100	1		100																			
10	Caroline Streefer	85	1										85											
11	Robin Bitting	75	1											75										
12	June Mitchell	65	1										65											
13	Renee Fenstermaker	45	1											45										

Women 45 - 49 >>		Tot	#R	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21
1	Patty Schwartz	300	3				100					100	100											
2	Susan Peterson	185	2		100								85											
3	Phyllis Suelzer	100	1	100																				
4	Nancy Boyer	100	1												100									

Women 50 - 54 >>		Tot	#R	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21
1	Marsha Schmidt	300	3			100							100	100										
2	Barb Scroggham	175	2		100								75											
3	Patricia Trapp	170	2							85				85										
4	Sook-Ja Hansen	100	1							100														
5	Bobbie Clark	100	1	100																				
6	Joyce Hockensmith	85	1										85											
7	Bev Saalfrank	85	1			85																		

Women 55 - 59 >>		Tot	#R	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21
1	Sarah Kleinknight	385	4	85						100			100	100										
2	Sharon Huss	100	1	100																				
3	Lynne Huguenard	85	1										85											

Women 60+ >>		Tot	#R	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21
1	Joan Gary	600	6	100	100				100	100		100	100											
2	Joyce Fuzy	85	1										85											

2000 Race Calendar

WE TRY TO PROVIDE THE MOST ACCURATE AND COMPLETE RACE INFORMATION THAT WE CAN, BUT WE URGE YOU TO CONTACT THE RACE DIRECTOR FOR CONFIRMATIONS, POSTPONMENTS, OR CANCELLATIONS, ALWAYS SEND A SELF-ADDRESSED STAMPED ENVELOPE WHEN SENDING FOR A RACE APPLICATION.

FWTC HOTLINE AND ANSWERING SERVICE (219) 432-5998

(L) LOCAL RACE IN THE GREATER FT. WAYNE AREA
(R) REGIONAL RACE WITHIN 70 MILES(?) OF FT. WAYNE
(P) FWTC 1999 POINTS RACE

**ENTRY FORMS AVAILABLE AT FT. WAYNE TRACK CLUB MEETINGS OR SEND S.A.S.E. TO JON SCHLATTER, 535 KINSMOOR AVE., FORT WAYNE IND., 46907. CALL JON AT (219) 456-3331 FOR ADDITIONAL RACE INFORMATION OR TO REPORT A RACE FOR INCLUSION IN THE RACE SCHEDULE - I ALSO HAVE ADDITIONAL INFORMATION ON RACES IN OHIO, MICHIGAN, AND THE GREATER CHICAGO AREA*

More race information can be found at the following internet web sites:

FORT WAYNE RUNNING PAGE
www.fwtc.org

ROAD RUNNERS CLUBS OF AMERICA (RRCA)
<http://rrca.org/>

Group Training Runs in the Area

The "Y" Group meets every Sat. morning at 7:00 am at the Ft. Wayne YMCA downtown on Barr Str., contact John Hilker (219) 432-2933

The Chapel Group Meets every Sat. morning at 7:00 am at the Chapel church, corner of Covington Rd. and W. Hamilton Rd., SW of Ft. Wayne, contact Amy Archbold (219) 436-9506 or Tammy Behrens (219) 436-7618

-----AUGUST 2000-----

12 SAT(L)7th annual YWCA/ Meijer Duathlon & 4 Mile Fun Run, Ft. Wayne. Ind.,
Liz Caywood (219) 424-4908 ext. 261

(RP)Van Buren Popcorn Festival, 5k and Fun Run, 8:00 am, Van Buren, Ind.,
Tom Dodd (765) 934-2101

(R)Fun Fest 5k, 8:00 am, North Manchester. Ind.,
Neil Tate (219) 982-8216

(R)Freedom Run, 5k, 9:00 am, Matter Park, Marion, Ind.,
Tim Franklin (765) 674-2390 E-mail franklin@comteck.com

Leading Ladies, 5k, Eagle Creek Park, Indianapolis, Ind.,
Margaret Drew (219) 424-4908

2000 SummerFest Triathlon, St Marys, Ohio,
Bret Liming (419) 394-1232

Festive Fridays, 8k, Ann Arbor, Mich.,
Karen Holappa (734) 769-9510

Howl at the Moon, 8 Hour R/W, Kennekuk Cove County Park, Danville, ILL.,
Marc Reddy (217) 431-4243 <http://users.net66.com/~kennekuk>

13 SUN Rails/Trails Marathon, 7:00 am, Brookville, Ohio,
Denny Fryman (937) 767-7424

19 SAT(R) Onion Days 5k, 8:00 am, Wolf Lake, Ind.,
Brian Shepherd (219) 894-4638

Summer Biathlon, 5k Run with two shooting stops, 8:00 am, Eagle Creek
Pistol Range, Indianapolis, Ind., Tuxedo Brothers (317) 328-1632

Raquet Run & Walk for Riley, 10k R & 5k R/W, Downtown Indianapolis, Ind.,
Ken Long and Associates (317) 632-8812 www.kenlongassoc.com

Wendell Willkie 5k, 8:00 am, Rushville H.S., Rushville, Ind.,
Runners Forum (317) 844-1558

20 SUN Great Train Race, 10k and 5k, 8:00 am, Ypsilanti, Mich.,
Tim Launius (734) 480-7325

24 THUR Terry Fox Run, 5k, Chicago, ILL.,
CARA (312) 666-9836

26 SAT(R) Bippus Block Bop, 4 miles, 8:30 am, Bippus, Ind.,
Eldon Brunner, 8414 N. 300 West, Huntington, Ind., 46750 (219) 344-1478

(R) South Whitley Celebration Days 5k, South Whitley, Ind.,
Nola Alma (219) 723-6475

Hoosier State Games Finale, 8k R/RW & 5k W, 8:00 am, Fort Harrison
State Park Indianapolis, Ind., Tuxedo Brothers (317) 328-1632 www.tuxbro.com

Bears of Blue River 10k, Shelbyville, Ind.,
Karen Martin (317) 392-5128

18th Kouts Country Classic 4 Mile Road Race, Kouts H.S., Kouts, Ind.,
Terry Brownell (219) 766-2231

Coldwater Mini Ironman Triathlon, (300 yd swim, 6 mile bike, 3 mile run), 9:00 am,
Coldwater, Mich., Bob Huntley (517) 279-9038

Crim Festival Of Races, Variuos Distances, 8:00 am, Flint, Mich.,
Sherlynn Everly (810) 235-3396 www.doitsports.com/crim/

Red Devil Run, 5k, 8:30 am, Twin Lake, Mich.,
Ray McLeod (616) 821-2123

-----SEPTEMBER 2000-----

02 SAT(RP)Summer Nights 5k, 7:00 pm, Ligonier Elem. School, Ligonier, Ind.,
Brian Shepherd (219) 894-4638

Riverfest, 5 mile R/RW, 5k walk, 8:00 am, National Institute for Fitness,
Indianapolis, Ind., Tuxedo Brothers (317) 328-1632 www.tuxbro.com

Little Italy 5k, 9:00 am, Clinton, Ind.,
Bruce Speth (765) 832-6179

Rockwood Ramble Labor Day Weekend Run, 5 miles, 6:30 pm, Rockwood, Mich.,
Cherri L. Guzzi (734) 379-4621

Toledo Classic 10k, Downtown Toledo, Ohio,
Pete Buehler(419) 578-9509

03 SUN Scotty Hanton Marathon, Port Huron, Mich.,
Becky LaPine (810) 364-4550 bjlapine@BWPI.com

04 MON(R)Blueberry Stomp, 15k & 5k, 9:00 am, Plymouth, Ind.,
(219) 936-5020 www.blueberryfestival.org

On Your Marks for the Parks, 5 mile run, 5k walk, 8:00 am, St Vincent Hospital,
Carmel. Ind., Tuxedo Brothers (317) 328-1632 www.tuxbro.com

Clover 5k R/W, 9:00 am, Cloverdale, Ind.,
Maureen Shirley (765) 765-6422 E-mail LShirley@ccrtc.com

Labor Day Run, 5k timed handicap, 9:00 am, Hillsdale, Mich.,
Mark Reynolds (517) 437-3579

09 SAT(R) Roanoke Fall Fest, 5 miles, Roanoke, Ind.,
Dave Winters, 3402 E. 716, Huntington, Ind., 46750 (219) 659-6493

Pig Pen 10k & 5k R/W, 8:00 am, Tipton, Ind.,
Burke Emmert (765) 675-8561

Colts Stampede, 5 mile run & 3 mile walk, 3 mile fun run & walk, Indianapolis, Ind.,
Ken Long and Associates (317) 632-8812 www.kenlongassoc.com

Dances With Dirt, 100k & 50k, 100k Relay, 6:00 am, Pickney, Mich.,
Randy Step (248) 347-4568

Foot Hospital Run, 5 MR, 5k R/W, 8:00 am, Jackson, Mich.,
Kathy Thomas (517) 787-0319

- Grape Lake 5k R/W, PawPaw, Mich.,
Kim Hatfield (616) 657-1475
- 10 SUN USAT Mideast Triathlon Champ., (1.5k swim, 40k bike, 10k run), 8:00 am, Eagle Creek Park, Indianapolis, Ind., Tuxedo Brothers (317) 328-1632 www.tuxbro.com
- Galloping Ghost 5k and 1 mile, Wheaton, ILL.,
CARA (312) 666-9836 www.cararuns.org
- Mackinac Island Run & Walk, 8 miles, 9:30 am, Mackinac Island, Mich.,
John Gault (810) 659-6493
- Race for the Cure, 5k, Toledo, Ohio,
Allen Albert (419) 531-7187
- 16 SAT Darin Bryan Memorial Run, 5k, Edgewood, Ind.,
Dane Carter (317) 770-9552
- Dick Lugar Run and walk, 5k R/W & 10k R, 9:00 am, Butler University,
Indianapolis, Ind., Tuxedo Brothers (317) 328-1632 www.tuxbro.com
- Air Force Marathon, Wright-Patterson AFB, Dayton, Ohio,
USAF marathon (800) 467-1823 afmarathon.wpafb.af.mil
- Peacock Strut, 10k & 5k, Portage, Mich.,
Diane Schrock (616) 323-1942
- Z-Man Memorial 5k, 9:00 am, Lawton, Mich.,
Ron Cornish (616) 624-6434
- 17 SUN(L)Run Jane Run 5k, 1:00 pm, IPFW, Ft. Wayne, Ind.,
Ft. Wayne Women's Bureau (219) 424-7977
- Columbus Half-Marathon, Columbus, Ohio,
Ultra Fit USA (614) 481-9077
- Wolf run, 5 miles, Chicago, ILL.,
CARA (312) 666-9836 www.cararuns.org
- DeWitt 5k Trail Run, 2:00 pm, DeWitt, Mich.,
Greg Pratt (517) 669-8418
- 23 SAT(RP)Parlor City Trot, Half-Marathon, 8:30 am, Bluffton, Ind.,
Mike MacAvoy (219) 824-5158
- (R) Thunder Run, 10k, 9:00 am, Tri-State University, Angola, Ind.,
David Finely (219) 665-4229 or (219) 665-6584
- (R) Symphony 5k Run/Walk, 8:00 am, Highland Park, Kokomo, Ind.,
Mark Shorter, CKRR, (765) 452-2616

Chancellor's Challenge, 5k, Indiana University East, Richmond, Ind.,
Matt Marshall (765) 973-8457

Cory Apple Festival, 5k, Cory, Ind.,
WVRR, P.O. Box 1933, Terre Haute, Ind., 47808-1933

Vasa Trail Run, 25k & 11k, 9:00 am, Traverse City, Mich.,
George Kuhn (231) 947-6417

24 SUN Fall Fantasy Marathon, Vandalia, Ohio,
Denny Fryman (937) 898-7015

Wild Wild Wilderness, 7.6 miles, Danville, ILL.,
Marc Reddy (217) 431-4243 <http://users.net66.com/~kennekuk>

Bucktown 5k, Chicago, ILL.,
CARA (312) 666-9836 www.cararuns.org

Michigan Big 10 Run, 10k & 10 miles, 8:00 am, Ann Arbor, Mich.,
Carol Christner (800) 586-4872

Quad Cities Marathon, Moline, Iowa, Quad Cities Sports Commission,
(309) 797-1733 www.qcmarathon.org

30 SAT Tuxedo Brothers Duathlon, (5k run, 33k bike, 5k run), 5:00 pm, Eagle Creek Park,
Indianapolis, Ind., Tuxedo Brothers (317) 328-1632 www.tuxbro.com

Bowling Green Classic 10k, 5k, Bowling Green, KY.,
(800) 599-RACE

Run/Walk for Shelter 5k, 9:00 am, Jackson, Mich.,
Walter pascal (517) 750-9395

-----OCTOBER 2000-----

01 SUN KeyBank Salmon Chase, 10k&5kR, 5kRW, 1:30 pm, South Bend, Ind.,
(219) 283-1136 karenb@madison.org

Octoberfest Classic 10k, 9:30 am, Minster, Ohio,
(419) 628-8016 E-mail okt10k@hotmail.com

Slippery Elm Trail 5k, Bowling Green, Ohio,
Neil Munger (800) 321-1897

Columbus 30k, Columbus, Ohio,
Ultra Fit (614) 481-9077

Dinosaur Dash, 5k, 10:00 am, East Lansing, Mich.,
Kim Christian (517) 349-3803

Evans Scholars 5k Race, 9:30 am, Ann Arbor, Mich.,
Eric Prowse (734) 994-7197

West Michigan Marathon, Muskegon, Mich.,
Phillip J. Connor (231) 722-9322 ext. 244

Fox Cities Marathon, Neenah, Wis.,
(920) 882-9499 or (877) 230-7223

07 SAT(R) Noble County 5k, 2:00 pm, Bixler Lake Park, Kendallville, Ind.,
Brian Shepherd (219) 894-4638

(R) Donor Duathlon, (5k run, 30k bike, 5k run), Lakeview Middle School,
Warsaw, Ind., (219) 268-1236 or (888) 268-1236

(R) Cole Porter 15k & 5k R/W, Circus Building, Peru, Ind.,
(More Info To Come)

Emily's Scholarship Run & walk, 5k R/W, 9:00 am, Orchard Country Day School,
Indianapolis, Ind., Tuxedo Brothers (317) 328-1632 www.tuxbro.com

Cinergy Indianapolis Marathon, Half-Marathon and 5k, Indianapolis, Ind.,
Joel Sauer (317) 826-1670

Wabash Valley Half-Marathon, Newport, Ind.,
Bruce Speth (765) 832-6179

Run for the Son, 5k, Portage, Mich.,
(616) 349-4954

Germantown 50k, Germantown Metro Park, Germantown, Ohio,
Joe Smindak (937) 586-6546 or (937) 285-6064

08 SUN(LP)Zoom Thru Zulu, 10k & 10k Relay, 1:00 pm, St Louis Catholic Church, Zulu, Ind.,
Mitch Harper (219) 436-0739

Capital City River Run, Various Distances, 10:00 am, Lansing, Mich.,
Dick Miles (517) 332-2681

14 SAT Applefest Run 5k, Frankton, Ind.,
Kip Riser (765) 754-7147

MARROWTHON, 5k R/W & 10k R, 9:00 am, Healthplex, Indianapolis, Ind.,
Tuxedo Brothers (317) 328-1632 www.tuxbro.com

OMNI 41 Pumpkin Prance, 5k, Schererville, Ind.,
CARA (312) 666-9836 www.cararuns.org

Autumn River Run, 7k, 9:00 am, Prairie Trace Elem. School, Carmel, Ind.,
Runners Forum (317) 844-1558

Out Run Cancer, 5k, 10:00 am, Bloomington, ind.,
(888) 409-2447 Hoosiersrun@bloomhealth.org

Race for the Cure, 5k, St. Mary-of-the-Woods, Ind.,
WVRR, P.O. Box 1933, Terre Haute, Ind., 47808-1933

15 SUN(L)FWO Spineway 5k, 1:00 pm, Ft. Wayne, Ind.,
Greg Ingermann or Todd DeTurk (219) 436-6326

(R) Light Up the Night 5k, 7:00 pm, Kenny Park, Ligonier, Ind.,
Brian Shepherd (219) 894-4638

(R) Norris Insurance 5 Mile Run & 5k Walk, Bunker Hill, Ind.,
Norris Insurance (317) 395-7761

Towpath Marathon, Cleveland, Ohio,
Pacific Sports (216) 575-3439 www.pacificsportsllc.com

Detroit International Marathon, Detroit, Mich.,
Doug Kurtis (313) 222-6676 www.freep.com/marathon

21 SAT Monster Mash Dash, 5k R/W, 5:00 pm, Eagle Creek Park, Indianapolis, Ind.,
Tuxedo Brothers (317) 328-1632 www.tuxbro.com

Immanuel Lutheran Church Run for the Prize, 5k, Findlay, Ohio,
Dave Brown (800) 688-8151

22 SUN The LaSalle Banks Chicago Marathon, Chicago, ILL.,
(312) 243-0003 or (888) 243-3344 www.chicagomarathon.com

Louisville Marathon, Louisville, KY.,
Phil Jones (502) 228-5778

Marine Corps Marathon, Washington, D.C.,
(703) 784--2225 or (800) 786-8762 www.marinemarathon.com

28 SAT Pleasant Run Run, 5 mile R/RW & 3 mile W, 10:00 am, Historic Irvington,
Indianapolis, Ind., Tuxedo Brothers (317) 328-1632 www.tuxbro.com

Trick or Treat Trot, 5k, Chicago, ILL.,
CARA (312) 666-9836

Run Bernheim 2000, 5 Mille R/W, Clermont, KY,
(502) 955-8512 www.bernheim.org

29 SUN(LP)Callithumpian Canter, 5k & 1 Mile Fun Run, 1:30, Belmont H.S., Decatur, Ind.,
Carl Risch (219) 724-8588 or Josh Heckert (219) 724-4887

Columbus Marathon, Columbus, Ohio,
Joan Riegel (614) 794-1566 www.columbusmarathon.com

-----NOVEMBER 2000-----

04 SAT Outback Scramble, Wacky 5 Mile X-Country Run, 9:34 am, Eagle's Crest,
Indianapolis, Ind., Tuxedo Brothers (317) 328-1632 www.tuxbro.com

Owen/Putman 50/50,50k & 50 Miles, Spencer, Ind.,
Jeff Tincher (812) 894-3394

Parke-Davis United Way Fund Run, 10k, 9:00 am, Ann Arbor, Mich.,
Ann Remmers (734) 622-1884

05 SUN(R)Run the Mounds, 5 Miles, 2:00 pm, Mounds State Park, Anderson, Ind.,
Bob Hart (765) 643-6304 www.andersonroadrunners.org

New York City Marathon, New York, NY,
(212) 423-2249 www.nycmarathon.org

11 SAT Star Strides Run & Walk, 5 Mile & 5k, Indianapolis, Ind.,
Ken Long and Associates (317) 632-8812 www.kenlongassoc.com

Indiana Fall Classic, 10k, Hawthorn Park, Terre Haute, Ind.,
WVRR, P.O. Box 1933, Terre Haute, Ind., 47808-1933

Commodore Run 2000, Half-Marathon & 5k, 9:00 am, Crane, Ind.,
Robert E. Lee (812) 854-6158

12 SUN(L) Jingle Bell Run for Arthritis, 5k, Franke Park, Ft. Wayne, Ind.,
Ginger Todd (219) 434-7150

(R)CKRR Handicap, 4 Mile R/W, 8:00 am, Highland Park, Kokomo, Ind.,
Mark Shorter, CKRR, 452-2616

(R)Valparasio Cross Country Runs, 10k & 5k, 2:00 pm, Valparasio, Ind.,
Mike Prow (219) 548-3694

16 THUR Winter Run, 5k, 8:00 am, Clay Jr. High, Carmel, Ind.,
The Runners Forum (317) 844-1558

18 SAT(LP)Turkey Trot 5k, 11:00 am, Fox Island County Park, Ft. Wayne, Ind.,
Don Lindley (219) 432-5998

Carmel FOP 5M, 5 Miles, 9:00 am, Forest Dale Elementary, Carmel, Ind.,
The Runners Forum (317) 844-1558

Trailblazer Trek 2000, 5k, Vincennes University, Vincennes, Ind.,
Steve Riggins (812) 888-5736

19 SUN Randy's 10 Mile & 5k, Perry'sburg, Ohio,
Kevin (734) 4565

23 THUR(L)Mazock's 24th Thanksgiving Day Run, About 6 Miles, 2828 Emerald Lake Dr.,
Ft. Wayne, Ind., No Awards/ No Splits/ Just Old Coffee and Stale Donuts,
Jerry Mazock (219) 432-6780

(R)CKRR Tanksgiving Day Run, Highland Park, Kokomo, Ind.,
Mark Shorter, CKRR, 452-2616

St. James Club Smoke the Turkey 5k, Sylvania, Ohio,
(419) 841-5597

24 FRI Citizens Gas Race for Heat, 10kR/5kW, Indianapolis, Ind.,
Ken Long and Associates (317) 632-8812 www.kenlongassoc.com

Fantasy 5k Run, 6:00 pm, Howell, Mich.,
Jim Young (517) 546-2439

26 SUN Leprechaun Marathon, Vandalia, Ohio,
Denny Fryman (937) 898-7015

-----DECEMBER 2000-----

01 FRI Jingle Bell Run, 5k, Terre Haute, Ind.,
WVRR P.O. Box 1933, Terre Haute, Ind., 47808-1933

02 SAT(LP)Just Plain 10k, 2:00 pm, Foster Park, Ft. Wayne, Ind.,
J.P. Jones (219) 745-7339

Jingle Bell Run for Arthritis, 5k R/W, 10:00 am, National Inst. Fitness & Sport,
Indianapolis, Ind., Tuxedo Brothers (317) 328-1632

03 SUN Kris Kringle 4 Mile, New Castle, Ind.,
Tim Grant (765) 529-7058

Jingle Bell 5k, Toledo, Ohio,
Arthritis Foundation (419) 537-0888

Memphis Marathon, Memphis, Tenn.,
Kim Cherry (800) 893-7223 www.runmemphis.com

09 SAT Lafayette Family YMCA Sleigh Bell Run, 5k, 10:00 am, Lafayette, Ind.,
Joe Casa Santa (765) 474-3448

Rocket City Marathon, Huntsville, Ala.,
Malcolm Gills (256) 828-6207 www.huntsvilletrackclub.org

26-31 Marathon Six-Pack, Six Marathons in Six Days, Vandalia, Ohio,
Denny Fryman (937) 898-7015

30 SAT(R)HUFF, 50k, 50k Relay, & 10.8 Miles, 8:00 am, Huntington, Ind.,
Mitch Harper (219) 436-0739 www.huff50k.com E-mail Huff50k@aol.com

-----JANUARY 2001-----

MON 01 New Year's Day Resolution Revolution, Downtown Indianapolis, Ind.,
Ken Long and Associates (317) 632-8812 www.kenlongassoc.com

SAT 06 Siberian Express, 7.6 Miles, Danville, ILL.,
Marc Reddy (217) 431-4243 <http://users.net66.com/~kennekuk>

-----FEBUARY 2001-----

SUN 04 Groundhog 7 Miler, Clay Jr. High, Carmel, Ind.,
(317) 290-RUNR webmaster@indyrunners.org

SAT 10(L)Fanny Freezer 5k, 2:00 pm, Shoaf Park, Ft. Wayne, Ind.,
The "RHINNO" (219) 456-3331



TRACK CLUB MEMBER PROFILE

The Inside Track would like to hear from FWTC Members. Fill out this profile form and return it to: **Linda Ianucilli, 6208 Blackstone Drive, Fort Wayne IN., 46818**

Name: _____

Occupation: _____

Birthdate: _____ Birthplace: _____

Family: _____

Pets: _____

Hobbies or interests: _____

Favorite family activities: _____

Running shoe brand: Years running/walking _____

Favorite distance to run/walk: PR: _____

Favorite after racing /training food: _____

Favorite place to train: Favorite race: _____

Why do you run/walk?: _____

Favorite item of clothing: _____

Favorite movie or TVprogram, or book: _____

Favorite music: _____

Collections: _____

Favorite vacation destinations: _____

Most prized possession: _____

Has there been an inspiration to your running/walking? If so, explain: _____

Do you have a dream? If so explain? _____

FWTC MEMBERSHIP APPLICATION

Name: _____ Date of Birth ____ / ____ / ____
Sex _____
Address: _____ Home _____
Phone _____
City/State/Zip: _____ Work _____
Phone _____
E-mail address: _____
Occupation: _____ Business Affiliation: _____
Type of Membership: Single: _____ Family: _____ New Member: _____ Renewal: _____
Family Members:
Spouse: _____ Birthdate: _____
Sex _____
Children: _____ Birthdate: _____ Sex _____
Children: _____ Birthdate: _____ Sex _____

Make checks to: Fort Wayne Track Club, PO Box 11703, Fort Wayne IN 46860-1703

ANNUAL MEMBERSHIP DUES: January 1 - December 31

One year: \$16 Two Years: \$28 Three Years: \$36

New Members: first year only \$12

Members under 21: \$12

Family rates: \$4 for ea. add'l family member (\$8 - max)

The Fort Wayne Track Club has obtained an insurance policy through the Road Runners Club of America which gives coverage for various events. Through this insurance we are covered for weekly runs, picnics, socials, and volunteers at races and other club functions. Please sign a waiver if you have not already done so. The waiver will be kept on file. \$1.25 of your annual dues goes to the RRCA for your subscription to the quarterly magazine, Foot-Notes, that you receive as a member of the Road Runners Club of America.

CLUB MEMBERSHIP APPLICATION WAIVER

I agree for myself, and any other person named on this application, that: I know that running and volunteering to work in club races are potentially hazardous activities. I should not enter and run in club activities unless I am medically able and properly trained. I agree to abide by any decision of a race official relative to my ability to safely complete the run. I assume all risks associated with running and volunteering to work in club races including, but not limited to, falls, contact with other participants, the effects of the weather, including high heat and/or humidity, the conditions of the road and traffic on the course, all such risks being known and appreciated by me. Having read this waiver and knowing these facts, and in consideration of your acceptance of my application for membership, I, for myself and anyone entitled to act on my behalf, waive and release the Road Runners Club of America, Fort Wayne Track Club, and all sponsors, their representatives and successors, from all claims or liabilities of any kind arising out of my participation in these club activities even though that liability may arise out of negligence or carelessness on the part of the persons named in this waiver. I grant permission to all the foregoing to use any photographs, motion pictures, recordings, or any other record for any legitimate purpose. I understand and will abide by the guidelines that bicycles, skateboards, baby joggers, roller skates or blades, animals, and radio headsets are not allowed in club races.

Signature: _____ Date _____

Parents Signature(if under age 18) _____ Date _____



FORT WAYNE TRACK CLUB MEANS "VOLUNTEERS"

Please indicate your areas of interests.

- OFFICER
 - President
 - Vice President
 - Secretary
 - Treasurer
- RACE DIRECTOR
 - Major Race
 - Fanny Freezer
 - Fun Run
 - Training run
- ASSISTANT RACE DIRECTOR
- EQUIPMENT COORDINATOR
 - Monitor Maintenance of Equipment
- RACE SCHEDULE COORDINATOR
- RACE WALKING COORDINATOR
- MEMBERSHIP
- BOARD MEMBER
- FINISH LINES
 - Timer
 - Results

- COURSE TIMER
- WATER STATIONS
- MEASURE & SET UP COURSE
 - Certified
 - Uncertified
- CO-ORDINATE CLUB TRIP RACE
 - Carpool
 - Transportation for Handicapped Runners

- NEWSLETTER
 - Editor
 - Race Applications
 - Mailing
 - Advertising Coordinator
 - Businesses
 - Typing race results

- FWTC BANQUET
 - Decorations
 - Program

- FWTC PICNICS
- ADVERTISING - Obtaining Potential Race Sponsors

- PUBLICITY COORDINATOR
 - Send weekly schedules to newspapers

- ANYWHERE NEEDED

- OTHER (Specify) _____

SHOW YOUR SUPPORT FOR YOUR FORT WAYNE TRACK CLUB

COMING EVENTS...

YWCA/MEIJER DUATHLON & 4 MILE RUN

Saturday, August 12

Fort Wayne, IN

ROANOKE FALL FESTIVAL - 5 MILE

Roanoke, IN

Saturday, July 17 8 AM

BLUEBERRY STOMP 15K & 5 K

Plymouth, IN

Monday, Sept. 4 9 AM

PARLOR CITY TROT - 13.1 MILES

Bluffton, IN

Saturday, September 23 - 8:30 AM

FWTC MEETINGS

Wednesday, August 9, 7:00 PM, Run 6:00

Wednesday, September 13, 7:00 PM, Run 6:00

IPFW - Hilliard Gates Activity Center

Advertising Rates

	1 ISSUE	3 ISSUES	6 ISSUES
Full Page	\$75.00	\$200.00	\$325.00
Half Page	\$40.00	\$110.00	\$175.00
Quarter Page	\$25.00	\$65.00	\$100.00
Business Card	na	na	\$50.00
Cover (Inside front or back)	\$300.00	\$750.00	\$1200.00

Insert race Applications (Includes printing results)

12X Entry fee, minimum \$35.00 (10X Entry fee paid in advance)

Advertising must be supplied, camera ready art, or layout charges will be incurred.

All race applications must be supplied for insertion. Inside track publishes 450 issues bi-monthly.



FWTC NEWSLETTER
P.O. Box 11703
Fort Wayne, IN 46860

Bulk Rate
U.S. POSTAGE
PAID
Ft. Wayne, IN
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